Adult neurogenesis in the mammalian hippocampus: Why the dentate gyrus?

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In the adult mammalian brain, newly generated neurons are continuously incorporated into two networks: interneurons born in the subventricular zone migrate to the olfactory bulb, whereas the dentate gyrus (DG) of the hippocampus integrates locally born principal neurons. That the rest of the mammalian brain loses significant neurogenic capacity after the perinatal period suggests that unique aspects of the structure and function of DG and olfactory bulb circuits allow them to benefit from the adult generation of neurons. In this review, we consider the distinctive features of the DG that may account for it being able to profit from this singular form of neural plasticity. Approaches to the problem of neurogenesis are grouped as “bottom-up,” where the phenotype of adult-born granule cells is contrasted to that of mature developmentally born granule cells, and “top-down,” where the impact of altering the amount of neurogenesis on behavior is examined. We end by considering the primary implications of these two approaches and future directions.

Unequivocal data now detail the existence of adult hippocampal neurogenesis in mammals (Gross 2000), but it remains a contentious topic. Ample data, mainly drawn from studies of rodents, support the notion that adult-generated neurons make a significant contribution to hippocampal biology, but specific theories of adult-born granule cell (abGC) function remain at a nascent phase and many uncertainties remain in the field. Most current hypotheses focus on the idea that abGCs are for a period hyperplastic and/or hyperexcitable (see the section “Bottom-up: characterization of adult-born granule cells”). The most extreme proposes that mature developmentally born granule cells (matGCs) are “retired” and abGCs are the sole encoding units in the adult dentate gyrus (DG) (Alme et al. 2010).

In addition, aberrant adult neurogenesis has been argued, based largely on animal studies, to contribute to a significant and growing list of psychiatric and neurological conditions (see Box 1, below). Therefore understanding precisely what functions adult-born neurons perform is significant both academically and clinically.

Neurogenesis occurs during adulthood, at varying levels, in all vertebrate taxa (Barker et al. 2011). In nonmammals the process can be abundant; fish, amphibians, and reptiles have multiple neurogenic centers that retain proliferative capacity throughout life. In birds, adult-born neurons, although generated only in a periventricular niche, migrate widely throughout the brain (Nottebohm 2004; Lindsey and Tropepe 2006; Kaslin et al. 2008). In stark contrast, the vast majority of the adult mammalian brain is devoid of significant neurogenic capacity. Therefore, one of the most conspicuous features of adult neurogenesis in mammals is that it is confined to two brain regions (Lledo et al. 2006): (1) the subventricular zone, where new interneurons are born that travel the rostral migratory stream to the olfactory bulb, and (2) in the hippocampus, in the subgranular zone of the DG, where new principal cells, dentate GCs, are generated. This restricted distribution has been seen in every mammalian genus studied, including marsupials (Harman et al. 2003; Grabiec et al. 2009), indicative of this pattern having been established early in the phylogeny of mammals.

Despite this ubiquity, however, neurogenesis in the adult hippocampus varies widely across species, with differences apparent in the rate of proliferation, survival, and neuronal maturation (for example, Cavegn et al. 2013). The process appears absent in certain bat species (Amrein et al. 2007), whereas especially high levels are found in rodents, especially rats (Amrein et al. 2011). Where on this spectrum the rate of adult hippocampal neurogenesis in primates, and especially humans, falls is an essential issue; most data suggest it is toward the low end, but a recent study found that a steady rate of hippocampal neurogenesis (~0.004% of GCs daily, akin to that in middle-aged rodents) is maintained throughout human life and, interestingly, that a substantially greater fraction of human GCs is subject to turnover (Spalding et al. 2013). Determining the functional significance of neurogenesis in the adult human hippocampus is, arguably, the most outstanding task in this field (see Box 1).

These observations, the intricate regulation of its biology, such as its regulation by experience and environment (see the section “Adult hippocampal neurogenesis and its regulation”), and accumulating evidence that it makes unique contributions to mammalian cognition (see “Top-down: behavioral effects of altering neurogenesis”) are consistent with adult hippocampal neurogenesis being a phenotype that selective pressures have both preserved (for >200 million yr) and acted upon throughout mammalian evolution. They also indicate that detailed comparative

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The single most controversial issue in the field of adult neurogenesis is the extent to which it occurs in humans and how substantially abGCs impact human cognitive processing (Rakic 1985). In addition to the question of how abGCs might contribute to human cognitive abilities, the utility of targeting adult neurogenesis for the treatment of psychiatric and neurological diseases is also at stake. Animal model studies have suggested that aberrant adult neurogenesis might contribute to the pathophysiology of depression and stress responses (Scholesser et al. 2009; Snyder et al. 2011; Dranovsky and Leonardo 2012), the response to antidepressants (Santarelli et al. 2003), post-traumatic stress disorder and anxiety (Kheirbek et al. 2012b), epilepsy (Parent et al. 1997; Scharfman et al. 2000; Pur et al. 2012), schizophrenia (Kvajo et al. 2008, 2011; Christian et al. 2010), Alzheimer’s disease (Galvan and Bredesen 2007; Mu and Gage 2011), drug addiction (Mandyam and Koob 2012), and Fragile X syndrome (Guo et al. 2011). Although it seems unlikely that adult neurogenesis will critically contribute to all of these disorders, there are certainly grounds to anticipate that ways of successfully manipulating adult neurogenesis will find clinically beneficial uses.

Observations in nonhuman primate studies showing relatively low rates of adult neurogenesis in the DG (Rakic 1985; Kornack and Rakic 1999) and a protracted course of maturation of these cells (Kohler et al. 2011) cast doubt on the likelihood of significant hippocampal neurogenesis in mature people. However, Eriksson et al. (1998) detected newborn neurons in the DG of terminal cancer patients given single BrdU injections, indicating that adult hippocampal neurogenesis does indeed, occur in humans. Postmortem studies employing immunohistochemical analysis of markers of neural progenitors and/or young neurons are consistent with this and, moreover, such studies indicate that antidepressants increase the proliferation of subgranular zone neural progenitor cells in humans (Boldrini et al. 2009, 2012). Knoth et al. (2010) further analyzed immunoreactivity for young neuron markers in postmortem human hippocampi and found evidence for pronounced neurogenesis in adults but that rates reduced substantially in advanced age.

Conversely, a recent analysis of cellular levels of radiocarbon, absorbed due to atmospheric fallout from nuclear testing from 1945 to 1963, to birth-date neurons led Spalding et al. (2013) to conclude that adult neurogenesis is maintained in human adulthood, throughout old age even, and at rates comparable to those seen in middle-aged rodents. Determining the functional impact of these neurons in primates remains, however, an outstanding challenge.

Attempts to image neural stem cells in vivo using MRI (Manganas et al. 2007), which would have clear clinical utility, remain subject to confirmation (Friedman 2008; Hoch et al. 2008; Jansen et al. 2008).

The mammalian dentate gyrus

Determining how the hippocampus’ well-defined circuitry underlies its essential contribution to episodic memory formation and its less resolved role in regulating affect and goal-oriented behavior remains an ongoing pursuit.

At the core of the hippocampus is the recurrently connected network of CA3 pyramidal neurons, which is thought to form an autoassociative network essential for storing representations of sensory experience (Marr 1971; Rolls and Treves 1998). The majority of excitatory synapses on each CA3 pyramidal neuron arise from collateral fibers of other CA3 pyramidal cells. Afferent information arrives primarily from layer II neurons of the entorhinal cortex (EC) that project both directly to CA3, terminating on pyramidal neurons’ distal apical dendrites, and indirectly via dentate GCs, whose mossy fiber (MF) axons synapse on the proximal dendrites (see Spruston and McBain 2007).

The DG (Fig. 1) consists of the densely packed granule cell layer (GCL), the overlying molecular layer, where the axons of layer II EC neurons terminate, and the underlying polymorphic cell layer of the hilus, through which the MF axons travel to CA3 (Amaral et al. 2007). The GC is the sole principal cell type of the DG, as it alone projects outside of this region and as GCs project only to CA3, all theories of DG function must ultimately describe how GC activity affects CA3 information processing.

The majority of neurons in the GCL are mature developmentally generated GCs, but a sizeable subpopulation (up to 10% in mice [Imayoshi et al. 2008]) are GCs born in adulthood and, additionally, at the GCL–molecular layer border there is a unique subtype of GC termed the semilunar GC (Williams et al. 2007). Semilunar GCs have firing properties distinct from those of regular GCs, showing sustained activity in response to brief inputs, and strongly activate hilar neurons (Larimer and Strowbridge 2010).

The diversity of cell types in the hilus and of the GABAergic interneurons (INs) of the molecular layer (Houser 2007) demonstrate the complexity of intrinsic DG circuitry and suggest extensive information processing therein. For example, perisomatic targeting basket cells residing near, or within, the GCL receive excitatory drive from both EC afferents (Zipp et al. 1989) and GCs (Geiger et al. 1997). Therefore, these basket cells mediate both (what would classically be defined as) feedforward and feedback inhibition (Sambandam et al. 2010). Other INs mediate dendritic

**BOX 1. Adult hippocampal neurogenesis in humans**

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Figure 1. Local circuitry of the DG. The dendrites of GCs (G) receive three primary bands of excitatory drive in the molecular layer (ML) from proximal to distal—mosaic cell fibers (MCF), medial entorhinal cortical inputs via the medial perforant path (MPP), and lateral entorhinal cortex via the lateral perforant path (LPP). GCs also receive synaptic input from the hypothalamus, perirhinal cortex, and cholinergic neurons of the septum, and the region contains serotoninergic, noradrenergic, and dopaminergic projections. GCs innervate a number of cell types in the hilus, including glutamatergic mossy cells (M) and various GABAergic interneuron subtypes including basket cells (B), that express parvalbumin or cholecystokinin, and dendritic targeting neurons, many of which express somatostatin (S). Most of these cells project “back” to the GCL, as well as there being connectives between hilar neurons. In CA3, each GC innervates a small number of pyramidal neurons (P) and numerous GABAergic interneurons (I) in the stratum lucidum region.

The functions of the DG remain the subject of active debate (Treves et al. 2008). Much attention has focused on the DG’s potential role as a pattern separator (O’Reilly and McClelland 1994). The rat DG contains around a million GCs—meaning that it outnumber its 300,000 target CA3 pyramidal neurons by about 3:1 and its upstream 200,000 EC neurons by 5:1 (Amaral et al. 1990). The remapping of the activity of EC neurons onto the much larger, sparsely active GC population is what Marr defined as “expansion recoding” and it is hypothesized to be a central step in separating EC activity patterns, as small changes in EC activity would be thought to change significantly the activated cohort of GCs. Indeed, the influential theoretical study of O’Reilly and McClelland (1994) indicated that the distance between neural representations in the DG is systematically larger than in the EC when DG representations are sparse. This form of decorrelation improves separability, however it also disrupts the ability of the CA3 neurons to perform pattern completion.

One of the limitations of these models is that they mostly focus on the distances between neural representations, assuming that these are central to any readout mechanism that resides in CA3 or downstream areas. However, although it is certainly true that such distances are important, they are not sufficient to determine the performance of the readout (see, for example, Barak et al. 2013). Moreover, because it is not especially difficult to separate two patterns of activity, even when they have large overlaps, in these models the performance improvement due to the DG is relatively small. Hence, although there is good empirical support for the DG functioning in discriminative learning of two similar contexts, these considerations suggest that we may need to consider problems that are more complex than simple pattern separation if we want to understand the role of the DG, why it evolved, and what the full computational advantages are of its sparseness.

Sparse DG activity was originally noted by O’Keefe and colleagues during their seminal work defining the in vivo firing properties of hippocampal neurons (O’Keefe and Nadel 1978) and very sparse activity is now viewed as a distinctive feature of the DG (Chawla et al. 2005; Neunuebel and Knierim 2012). Over the subsequent three-and-half decades surprisingly few papers have been published on the natural firing patterns of DG GCs, indicative of the technical difficulties of recording in this area. But the few studies have confirmed sparse activity and low basal firing rates (see Box 2). Additionally, multiple investigations have used the induction of immediate early genes (IEG) as a proxy for GC activation by recent experience (Guzowski et al. 2005). These studies support the idea that over the period of the experimentally
To understand how spatial and mnemonic information is processed by the DG it will be necessary to know how both matGCs and abGCs fire in the awake behaving animal. Compared to studies of the firing properties of CA1 and CA3 neurons in vivo, few investigations of the DG exist. This is, in part, due to the technical demands of working in this area (e.g., small densely packed cells that are difficult to isolate, sparse firing).

With respect to pattern separation, the most influential study is that of Leutgeb et al. (2007) who recorded from the DG and CA3 in rats as the animals were exposed to incrementally morphed environments. As the environment was progressively changed, the firing patterns of GCs and pyramidal neurons gradually changed. With small alterations of the animal’s surroundings GCs showed more pronounced rate remapping (i.e., changes in firing rate and spatial selectivity of firing) than CA3 neurons, consistent with a pattern separating function. Interestingly, GCs only rate-remapped whereas across larger environmental differences CA3 displayed global remapping (i.e., different cells came to represent the space).

Although rate-remapping was greater in the DG, it was puzzling that GCs displayed multiple place fields (an observation made also by Jung and McNaughton [1993]) for this would mean that downstream cells would not be able to disambiguate two distinct locations represented in the firing of a single GC. Moreover, that CA3 pyramidal neurons had only single place fields was inconsistent with a GC’s purported ability to strongly drive activity in CA3 pyramidal neurons (Henze et al. 2002). And equally surprising for a pattern separator, when the animal was transferred to a second environment (sometimes in a different room) the same DG neurons were active in both (Alme et al. 2010). This constancy of active cells would suggest that, rather than recruitment of different cell cohorts in different contexts as originally hypothesized (see “The mammalian dentate gyrus”), DG pattern separation operates on changes in firing behavior across the entire population.

However, Neunuebel and Knierim (2012) have recently suggested that previous studies may not have been recording from matGCs. By systematically tracking the position of their recording electrodes through the GCL, these authors report that matGCs in the outer GCL have single, small, discrete place fields, i.e., each matGC represents a very specific aspect of a given environment. Cells with multiple place fields were only observed in the GCL–hilus border, which led to the suggestion that previous reports (e.g., Jung and McNaughton 1993; Leutgeb et al. 2007) may have reported the spiking of either mossy cells or abGCs. Neunuebel and Knierim (2012) only reported GC activity in a single environment. Clarification of these issues and further characterization of GC activity in vivo, hence, awaits further investigation.

It is striking that the vast majority (80%–90%) of abGCs die before integrating into the DG circuit, with abGCs having to pass through a number of developmental stages where they are particularly vulnerable to apoptosis (Zhao et al. 2010a; Ming and Song 2011). Around half of newborn cells die within 4 d of mitosis and are then lost at a lower rate (Sierra et al. 2010). Around 3-wk postmitosis, NMDA receptor signaling is required for cell survival (Tashiro et al. 2006). Cell survival is just one aspect of adult neurogenesis that is susceptible to regulation by local activity, for example activation of GABA receptors by ambient GABA in the first post-mitotic week influences dendritic arborization (Ge et al. 2006). In addition, cell proliferation rates and the rate at which abGCs mature in terms of dendritic outgrowth and gene expression are affected by the animal’s environment and experience (Dranovsky et al. 2011; Piatte et al. 2011).

Overall, the factors that have now been described as influencing one or more aspects of adult hippocampal neurogenesis are numerous, including living in an enriched environment (EE) (Kempermann et al. 1997), exercise (van Praag et al. 1999), stress (Gould et al. 1997), antidepressant treatment (Malberg et al. 2000; Wang et al. 2008), psychiatric disease-associated mutations (Kvajo et al. 2008), social interaction (Fowler et al. 2002), and administration of drugs of abuse (Eisch et al. 2000). Whether all these factors converge on a common proximal effect, or if they act via distinct pathways (e.g., interneuron activity, glutamatergic input, trophic factors, signals from the vasculature, etc.) remains to be determined (see Faigle and Song 2013). And importantly, if and how altered neurogenesis has functional consequences for the animal exposed to these interventions is not always clear; in certain instances abGCs are required for specific aspects of the resultant behavioral changes (e.g., for antidepressant responses, Santarelli et al. 2003), but this is not always the case (e.g., enriched environment, Meshi et al. 2006; David et al. 2009).

Adult neurogenesis is a distinctive form of neural plasticity for numerous reasons. Among them is the fact that experience today will influence the number of potential new functional units available to the animal weeks later. Each abGC has key properties distinct to those of its mature neighbors, and these properties (e.g., excitability, synaptic physiology, connectivity) change over time while the new neuron is present in a functioning brain.

Defined experience only 2%–5% of total GCs generate sufficient activity to induce such an activity marker (Chawla et al. 2005; Ramirez-Amaya et al. 2005). Understanding the means by which this small subset of active cells is selected is a fundamental question in DG physiology (Lisman 2011) and the role of abGCs in modulating this process and, to what degree they contribute to the active cohort, are central issues in the investigation of adult neurogenesis.

The DG is also theorized to be involved in other important aspects of memory encoding, including conjunctive encoding, context–object recognition, and pattern separation in modalities other than contextual encoding (see Xavier and Costa 2009; Kesner 2013). For example, it is of note that the two bands of entorhinal cortical input carry both spatial (medial EC) and nonspatial (lateral EC) input (Hargreaves et al. 2005) and the ventral DG specifically appears to mediate discriminative memorization of closely related odors (Kesner et al. 2011). In addition, the functions of the DG in memory consolidation and recall are less well-studied (see the section “Contextual and spatial memory”). Moreover, how the DG contributes to affective regulation remains to be determined (see the section “abGCs and affect”).

Adult hippocampal neurogenesis and its regulation

Adult-born neurons arise from neural stem cells that reside in the subgranular zone. The generation of functional, integrated neurons from these cells is a complex multiprocess stage beyond the scope of this article (for reviews, see Zhao et al. 2010a; Ming and Song 2011). Briefly, pluripotent radial glia-like stem cells divide to generate neural progenitor cells (as well as astrocytes and further stem cells) which then undergo mitosis to generate new neurons (Bonaguidi et al. 2011; Dranovsky et al. 2011). Then, over a period of weeks, these cells gradually acquire features of mature neurons (Deng et al. 2010). As described in the section “Bottom-up: characterization of adult-born granule cells,” charting how the phenotype of immature abGCs develops and how each developmental stage might offer the DG a functionally unique subpopulation of neurons through which to encode information is a major focus of research.
Adult neurogenesis: Why the dentate?

Why does neurogenesis persist in the mammalian dentate gyrus in adulthood?

Most attempts to answer this question have taken one of two approaches. The first is a “bottom-up” approach whereby the properties of abGCs are characterized and contrasted to those of matGCs in a bid to identify distinguishing features of these cells that would offer unique computational possibilities for the DG circuit. The second is a “top-down” approach in which the process of adult neurogenesis is altered in some way and the resultant effects on behavior are collated. As will be discussed in “Conclusions: toward a circuit-based understanding of adult hippocampal neurogenesis,” bottom-up and top-down methodologies must ultimately converge in a consistent way if a satisfactory theory of the function of adult hippocampal neurogenesis is to be developed.

Bottom-up: characterization of adult-born granule cells

Studies aimed at determining how abGCs in the adult DG differ from their mature counterparts have largely employed ex vivo slice electrophysiology plus morphological analysis of abGCs. The essential technical advances in this arena have been methodologies that allow the selective visualization of individual abGCs, the major breakthrough being the development of retroviruses for introducing transgenes selectively into dividing cells (van Praag et al. 2002). By allowing the specific identification of neurons generated at the time of virus administration, this technique allows the characterization of living or fixed neurons of known age (see Box 3).

Below, to consider adult neurogenesis in the context of the DG, the summarizing of different aspects of developing abGCs’ biology will be interleaved with discussion of matGCs’ structure and function.

Intrinsic properties

Dentate GCs have a resting membrane potential of around −80 mV. This rather hyperpolarized value has been observed in both slice preparations (Spruston and Johnston 1992; Staley et al. 1992; Kvajo et al. 2011) and in vivo in anaesthetized rodents (Penttonen et al. 1997). As their action potential threshold is around −45 mV, GCs must be depolarized −35 mV to fire. Although the input resistance of GCs is higher than that of pyramidal neurons (typical estimates range ∼230–450 MΩ [Spruston and Johnston 1992; Staley et al. 1992; Kvajo et al. 2011]), these cells still require large depolarizing currents to fire. Based on dendritic recording in ex vivo slices, GCs were found to lack dendritic amplification mechanisms, and were estimated to require (not accounting for inhibition) about 55 simultaneously active excitatory inputs to reach threshold (Krueppel et al. 2011).

The intrinsic properties of abGCs all begin at immature values and gradually shift toward matGC values over the first 4–6 wk post-mitosis (Fig. 2; see Deng et al. 2010). For example, abGCs initially have depolarized resting membrane potentials (around −40 mV at 1-wk post-mitosis, and hyperpolarizing linearly by ~10 mV per week [Ge et al. 2006]), high levels of intracellular chloride, and very high input resistances (>1 GΩ for the first 3 wk then falling to matGC levels over the fourth week [Mongiat et al. 2009]). This hyperexcitable state may be important for responding to ionotropic cues important for neuronal maturation at early stages (Ge et al. 2006). abGCs are capable of firing action potentials from a week after birth (Espósito et al. 2005), although early on action potentials are of blunted amplitude and shape, and have a substantial contribution from T-type Ca2+ channels (Schmidt-Hieber et al. 2004). After 3-wk post-mitosis abGCs are capable of firing spike trains in response to sustained depolarization and they are genuinely hyperexcitable, i.e., lower current threshold for spiking and greater overall spiking than matGCs, around the fourth week post-mitosis (Mongiat et al. 2009).

Afferent synaptic connectivity

The dendrites of GCs fan out in the molecular layer where they receive three primary bands of excitatory input. The innermost dendritic portions are innervated by mossy cell axons from the contra- and ipsilateral DG, the middle molecular layer contains afferents from the medial EC, and lateral EC afferents run through the outer third of the molecular layer (see Spruston and McBain 2007). GCs do not mutually innervate one another. In addition, GCs receive robust GABAergic input from a range of interneurons; they are peripherally targeted by PV-expressing basket cells, receive a band of inputs from CCK-expressing basket cells on their proximal dendrites (Hefft and Jonas 2005), and are dendritically targeted by HICAP (hilar commissural/association pathway associated) and HIPP (hilus germinat-pathway associated) interneurons (for reviews, see Buhl and Whittington 2007; Houser 2007). In addition, GCs display a tonic inhibitory current in response

**BOX 3.** Identifying and manipulating adult-born granule cells for functional characterization

A number of early electrophysiological studies of abGCs filled recorded neurons and identified these cells as adult-generated by post-hoc analysis of either their morphology (e.g., limited dendritic complexity [Wang et al. 2000]) or immunoreactivity for a marker of young neurons (e.g., PSA-NCAM [Schmidt-Hieber et al. 2004]). The most significant advance in this domain was the demonstration by van Praag et al. (2002) that retroviruses carrying transgenes can be used to selectively incorporate those genes into the DNA of dividing progenitor cells. By locally injecting such viruses into the DG a significant fraction of neurons being generated for a short time thereafter are labeled and hence “birth-dated,” so that subsequent recordings of labeled cells can correlate functional data with a precise cell age (e.g., Espósito et al. 2005; Ge et al. 2007).

Other identification strategies include transgenic mice where certain promoters direct expression of fluorescent proteins in abGCs at specific phases of their development, e.g., POMC-eGFP up to 2–3 wk (Overstreet et al. 2004) and GAD-67-GFP up to 3–4 wk (Zhao et al. 2010b), or where inducible Cre-recombinase expression in neural stem cells combined with a Flox-stop fluorescent reporter gene can be used to label abGCs born after induction (Dranovsky et al. 2011).

The ability to engineer retroviruses that deliver a shRNA directed against a gene of interest, in addition to a reporter protein, allows the consequences of knocking that gene down on abGC function to be assessed (e.g., Duan et al. 2007). Given concerns about off-target effects of shRNA (e.g., Kheirbek et al. 2012a; Pun et al. 2012).
Functional ionotropic glutamate and GABA receptors (Esposito et al. 2005) are indicated by responsiveness to exogenously applied ligand, to ambient GABA levels in the extracellular space (see Coulter and Sultan 2011). Within days of birth abGCs express, mediated a tonic conductance in response to ambient GABA (Ge et al. 2006). The first synaptic inputs to abGCs are received ~1–2 wk post-mitosis and they are slow, GABAergic IPSCs (Esposito et al. 2005; Overstreet-Wadiche et al. 2005) originating from neurogliaform cells (Markwardt et al. 2011). GABA is depolarizing at this time (due to immature, high internal chloride concentration), but when exogenously applied inhibits cell firing via shunting (Overstreet-Wadiche et al. 2005). Interestingly, because of their hyperpolarized resting potential, GABA is also depolarizing and shunting in matGCs (Chiang et al. 2012; Sauer et al. 2012). The final event in GABAergic innervation of abGCs, occurring at ~3-wk post-mitosis, seems to be functional connectivity to perisomatic basket cells that mediate large, fast IPSCs (Esposito et al. 2005). Dendritic spines (Zhao et al. 2006) and functional glutamatergic synaptic input (Esposito et al. 2005) begin to appear 2–3 wk after mitosis, develop rapidly in the fourth week, but continue to accumulate to mature levels over a period of months (Toni et al. 2007; Mongiat et al. 2009). Toni et al. (2007) provided evidence that new afferent synapses develop by dendritic filopodia of abGCs invading preexistent synapses on matGCs, so that a transient “multisynapse bouton” exists before the matGC retreats.

The rate of abGC dendritic and afferent synaptic development varies along the dorsoventral axis of the DG (Piatti et al. 2011; Snyder et al. 2012) and can be modulated by antidepressant treatment (Wang et al. 2008) and the animal’s environment (Piatti et al. 2011; Snyder et al. 2012) and can be modulated by antidepressant treatment (Wang et al. 2008). These studies of afferent innervation demonstrate that over the first 4–6 wk post-mitosis, first locally and then by distal inputs. Hence, at different ages abGCs differ significantly from matGCs in terms of synaptic drive; whether the two GC classes ultimately converge in terms of afferent connectivity or whether they differ qualitatively is currently under debate. matGCs are known to receive significant input from hypothalamic mammillary afferents and varied neuromodulatory systems, the development of which in abGCs has yet to be extensively studied. (NGF) Neurogliaform cell; (NA) noradrenalin; (DA) dopamine; (∗) fast IPSCs are present but these synaptic inputs are still significantly slower than such events in matGCs (Marin-Burgin et al. 2012).

Figure 2. Development of abGC intrinsic properties. Before 2–3 wk of age abGCs have substantial excitability (very high input resistances, low resting membrane potentials) but can fire only single blunted action potentials. Around the fourth week post-mitosis they have greater intrinsic excitability and fire trains of action potentials. (AP) Action potential.

Figure 3. Development of abGC afferent innervation. abGCs undergo a complex program of afferent innervation over the first 4–6 wk post-mitosis. At early time points they respond to ambient neurotransmitters, then they are progressively innervated by GABAergic and glutamatergic inputs, first locally and then by distal inputs. Hence, at different ages abGCs differ significantly from matGCs in terms of synaptic drive; whether the two GC classes ultimately converge in terms of afferent connectivity or whether they differ qualitatively is currently under debate. matGCs are known to receive significant input from hypothalamic/supramammillary afferents and varied neuromodulatory systems, the development of which in abGCs has yet to be extensively studied. (NGF) Neurogliaform cell; (NA) noradrenalin; (DA) dopamine; (∗) “fast” IPSCs are present but these synaptic inputs are still significantly slower than such events in matGCs (Marin-Burgin et al. 2012).
such conditions, and even following GABAA receptor blockade, trol conditions (i.e., with inhibitory neurotransmission intact). high-frequency stimulation (HFS) of the molecular layer in con-derwent robust long-term potentiation (LTP) in response to abGCs and matGCs differ in afferent synaptic plasticity (Fig. 4). When Bliss and Lomo (1973) first described activity-dependent afferent synaptic plasticity to occur. Whether enhanced LTP involves strengthening functional synapses or the unsilencing of immature synapses has yet to be established. The only in vivo study of LTP related to adult neurogenesis, however, found that field EPSP LTP was equal 15 min and 1 d after induction in the DG of control and neurogenesis-ablated animals. Interestingly, over 2 wk the EPSP returned to baseline in controls, but in ablated mice enhanced EPSPs were maintained for 2–3 wk (Kitamura et al. 2009). The mechanisms by which abGCs promote depression remain to be determined but interestingly, DG LTP in vivo is prolonged by blocking NMDA receptors, suggesting that depotentiation is an activity-dependent process (Villarreal et al. 2002) perhaps implicating abGCs in promoting overall DG activity levels. The contradiction between in vivo and ex vivo findings should be taken in the context of a multitude of papers that have evoked robust LTP in vivo in the DG of awake or anesthetized rodents (e.g., Bliss and Lomo 1973; Villarreal et al. 2002; Kitamura et al. 2009). Studies using slice preparations have unequivocally shown differences in synaptic plasticity between young and mature GCs, but caution must be exercised in interpreting data that have suggested matGCs are incapable of undergoing LTP or LTD. It is possible that a permissive signal (such as a neuromodu-lator or mossy cell input) is lost during slice preparation or that inhibitory pathways are more strongly recruited when stimulating slices, for instead of stimulating the molecular layer directly, it is standard to excite the PP outside of the hippocampus in the in-tact animal.

Finally, few studies have reported the firing behavior of neu-rons during LTP induction, except for Schmidt-Hieber et al. (2004) who showed that when matGCs spike robustly they undergo pronounced LTP. As is the general case with LTP studies, how the...
protocols used to induce it compare to the inputs that neurons receive in vivo is uncertain and it remains to be determined if natural input patterns fall in the realm of inputs to which matGCs and abGCs are differentially sensitive.

**GC recruitment during information processing**

During a given experience, only a subset of hippocampal cells, in any subfield, is active, and in the DG the fraction of cells recruited is very small. Studies of immediate early gene (IEG) induction, using immunohistochemistry or in situ hybridization, have consistently shown distinctively sparse activation of GCs by behavioral experience. Studies that have examined c-fos, arc, or zif268 expression after rodents have explored novel environments (Chawla et al. 2005; Ramirez-Amaya et al. 2005; Drew et al. 2011), undergone fear conditioning (CA Denny, pers. comm.), learned an active place avoidance task (Burghardt et al. 2012) or alternating T-maze (Satvat et al. 2011) all show a low percentage, 2%–5%, of GCs expressing the activity marker relative to home cage controls where levels are typically 1%–2%. Similarly, investigations employing in vivo electrophysiology report low activity in the GCL and sparse firing (see Box 2).

Determining the factors that select which neurons are recruited at any one time to encode an experience remains an essential goal of hippocampal research (e.g., de Almeida et al. 2009; Epstein et al. 2011; Lisman 2011; Ziv et al. 2013). The sparseness of DG activity presents its own problems; if active cells are the most likely to undergo strengthening of their input synapses, a positive feedback loop might be created that favored the repeated recruitment of previously active cells because of the LTP they underwent (Lisman 2011).

However, recent work using novel IEG-based transgenic techniques to address GC recruitment by experience suggests that the DG has evolved mechanisms to avoid such a feedback loop. Although using IEG expression restricts the investigator to a binary classification of previously active or inactive (i.e., the rate, pattern, and spatial selectivity of firing is not captured), these studies reveal important information on which cells had been recruited during specific behavioral experiences.

Using inducible induction of YFP expression via inducible arc promoter-driven cre-recombinase expression, Denny (CA Denny, pers. comm.) found that reexposure to a context (in which the mouse was fear-conditioned) after 5 d activated a similar number of GCs but that only 6% of the originally active GC cohort were reactivated (in a second context reactivation was at chance, ~2%). Similar results were seen using a c-fos promoter-based system (Tayler et al. 2013). That exposure to the same context activated cohorts that were largely nonoverlapping with the original cohorts (i.e., >90% of the activated neurons were not activated on the first exposure) suggests that, at least after a number of days, the same sensory experience is encoded by largely nonoverlapping populations, i.e., pattern separation is high. (Whether the locus of this separation is within the DG or reflects altered EC activity remains to be determined.)

Satvat et al. (2011) used subcellular zif268 mRNA localization to determine which GCs had been active in two experiences with less temporal separation (nuclear, active 5 min previous; cytoplasmic, 25 min). When an animal entered the same environment twice there was a 70% reactivation of the original GC cohort. Interestingly, these authors found that employment of a distinct search strategy (egocentric left–right vs. allocentric east–west) in the same environment halved the number of reactivated GCs. These results suggest that behavioral strategy impacts the active cells in the DG and, together with other studies, that there is a temporal component to the chances of experience reactivating a given GC.

As a fuller understanding of how the DG processes information is developed, essential questions in neurogenesis research include:

- Does natural experience drive activity in abGCs and, if so, at what age are these cells first meaningfully active?
- Are abGCs recruited to the active GC population at a level greater, less than, or equal to matGCs?
- Conversely, what proportion of GCs recruited to compute/store an experience is from the abGC population?
- Do abGCs, by virtue of their distinct physiology, make a unique contribution to information processing?
- Are GCs generally and abGCs specifically required at all stages of memory encoding, storage, consolidation, and retrieval?
- And ultimately how does activity of abGCs alter/benefit the operation of this circuit?

The Schinder group has published two studies that have looked at the relative activation (i.e., reaching action potential threshold) of abGCs of various ages vs. matGCs in response to stimulation of the medial molecular layer in ex vivo slices. Mongiat et al. (2009) studied these cells in the presence of GABAergic blockade and overall found fairly equivalent activation of matGCs and 3- to 4-wk-old abGCs, with a weaker glutamatergic input to the latter being counteracted by their greater excitability.

To better approximate the natural situation Marín-Burgin et al. (2012) conducted a similar slice study with inhibition intact. In this study, 4-wk-old abGCs were preferentially, over matGCs, recruited by EC afferent stimulation, due to delayed and slower feedforward perisomatic inhibition allowing for greater summation of excitatory inputs. In support of this, abolishing GABA, signaling, while facilitating spiking in matGCs, did not increase firing probability in young cells. Also, when two different sites in the molecular layer were stimulated separately, to model distinct afferent input patterns that might be expected from different experiences, 4-wk-old abGCs were more likely to spike to both inputs than matGCs were.

Li et al. (2012) made similar observations with 4-wk-old abGCs, demonstrating less inhibitory input and higher spike probability after molecular layer stimulation than 6- to 8-wk-old abGCs. They also similarly found no impact of blocking inhibition on spiking in 4-wk-old abGCs.

Studies of abGC activation in the intact brain have thus far relied on detection of IEGs. The Frankland lab has addressed this question in two studies where abGCs were birth-dated using genomic incorporation of halogenated deoxyuracil and then the number of these cells expressing c-fos or arc after Morris Water Maze (MWM) learning was assessed. This fraction was then compared to the number of c-fos or arc-positive cells in either the overall GC population (Kee et al. 2007) or to a fraction of labeled matGCs achieved by injecting a different halogenated deoxyuracil compound perinatally (Stone et al. 2011).

Kee et al. (2007) concluded that 6- to 8-wk-old abGCs were preferentially incorporated into active cohorts (4%–5% of abGCs vs. 2% of unlabeled GCs expressed an IEG). However, Stone et al. (2011) were unable to substantiate this claim using the refined methodology, finding equal levels of IEG expression in neurons generated and labeled in development or in adulthood. A recent study by Gu et al. (2012) also only found sparse c-fos labeling of retrovirally labeled 4-wk-old abGCs (~5%) after fear conditioning but this was not compared to levels in matGCs.

Overall, these data suggest that even in their hyperplastic phase, abGCs are recruited in a sparse pattern, similar to matGCs, and so at any one time the majority of active GCs will be drawn from the matGC pool. These studies, of course, assume that in abGCs neural activity is similarly coupled to IEG induction

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Adult neurogenesis: Why the dentate?
1. Each GC has strikingly few large mossy terminals, which termi-

2. Release probability at the MF-pyramidal neuron synapse is

3. MF terminals are large (4–10 μm across) and have multiple ac-

4. MFs undergo a robust form of LTP that is nonassociative, i.e.,

5. In addition to glutamate, MF terminals contain, and presum-

6. In a technical tour de force, Henze et al. (2002) showed that

7. Finally, Lemaire et al. (2012) analyzed dendritic branching in

8. The arbors of matGCs were not affected by learning, suggest-

9. Overall, the behavior of abGCs at distinct developmental

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Efferent synaptic connectivity and plasticity

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Toni et al.‘s (2008) earliest time point was 17-d post-mitosis when young MFs mainly targeted CA3 pyramidal neurons’ dentritic shafts. At 4 and 11 wk they found that abGCs' MFs synapsed onto the thorny excrescences of CA3 pyramidal neurons. At 4 wk they shared these sites with unlabeled, presumably mature, MF terminals whereas at 11 wk they were the sole presynaptic partner. Hence, a model of efferent synaptogenesis that echoes the one proposed for afferent innervation of abGCs is presented, where the functional coupling of young abGCs to the local hilar network is apparent from morphological studies but is functionally uncharacterized. (*) See Figure 1 for matGC connectivity.

To date, two functional studies of abGC output have been published, both employing retroviral delivery of the light-activated cation channel channelrhodopsin 2 (ChR2) for abGC stimulation. Toni et al. (2008) recorded from putative postsynaptic neurons 3-4 mo after infection and observed optically evoked glutamatergic EPSCs in 15% of recorded hilar interneurons, 6% of mossy cells, and 10% (one of 10) of CA3 pyramidal neurons.

Recently, Gu et al. (2012) recorded from CA3 pyramidal neurons while stimulating ChR2-expressing abGCs of various ages. EPSCs appeared at 2-wk post-infection, and increased to stable amplitude at 4 wk (the proportion of CA3 pyramidal neurons innervated is not stated). 8-burst and 50-Hz stimulation of abGCs age-dependently induced LTP of field potential EPSPs in CA3, with plasticity maximal at 4-wk post-mitosis. Hence, efferent synaptic plasticity mirrored the “hyperplasticity” of abGCs’ afferent synapses at this age.

With the functional innervation of CA3 by abGCs now well-confirmed, it remains to be determined how abGCs select their target neurons—are the most active, least active, or simply random CA3 and hilar neurons targeted? This may be especially significant if the Toni et al. (2008) model is correct and innervation involves the elimination of preexisting synapses. Furthermore, how does the structural plasticity implemented by adult neurogenesis interact with the structural plasticity observed in matGCs? And does activity during their development impact abGC efferent synaptogenesis? Do all efferent synapses mature at the same rate, i.e., is output to hilar neurons and CA3 pyramidal neurons and INs regulated equally? And finally, given its large influence on synaptic transmission, does short-term plasticity at MF synapses change with cell age as it does in development (Mori-Kawakami et al. 2003)?

As stated above, ultimately DG function must be defined in terms of its impact on CA3 physiology. Two recent IEG studies cast light on CA3 activity in mice with reduced or ablated neurogenesis. Niibori et al. (2012), using combined arc immunohistochemistry (remote experience) and in situ hybridization (recent experience), found greater overlap in the CA3 pyramidal neurons activated by two similar environments (but not markedly different ones) when neurogenesis was reduced, i.e., less distinct representations were formed, indicative of reduced pattern separation. Denny et al. (2012) found that in neurogenesis-ablated mice that displayed poor contextual memory retrieval following brief encoding sessions (see “Contextual and spatial memory”), this was correlated with reduced reactivation of CA3 pyramidal neurons when mice were reexposed to the shock-associated context. Again, we are excited by the prospect of in vivo physiological characterization of CA3 activity in animals lacking neurogenesis or when abGCs are modulated in some way, although we anticipate these experiments will be technically challenging, noting, for instance, the grossly normal CA3 physiology observed in a mouse lacking output from nearly all matGCs (Nakashiba et al. 2012).

Figure 5. Development of abGC efferent axons. abGCs appear to be well connected to their target cells in CA3 and the hilus by the time they are strongly afferently driven and capable of firing trains of action potentials. When precisely their large mossy terminals (LMTs) are mature, based on microscopy studies, it is a matter of some debate. Functionally, CA3 pyramidal neurons (PNs) receive weak glutamatergic inputs from 2-wk post-mitosis and at 4-wk synapses are, at basal levels, of mature strength and potentiate to a greater degree than mature (8-wk-old) abGCs. The functional coupling of young abGCs to the local hilar network is apparent from morphological studies but is functionally uncharacterized. (*) See Figure 1 for matGC connectivity.

Table: Different Connectivity

<table>
<thead>
<tr>
<th>Connectivity</th>
<th>1 Week</th>
<th>2 Week</th>
<th>4 Week</th>
<th>Mature</th>
</tr>
</thead>
<tbody>
<tr>
<td>Axons</td>
<td>Hilus</td>
<td>Hilus</td>
<td>Hilus</td>
<td>Hilus</td>
</tr>
<tr>
<td>Synapses to Ex Neurons</td>
<td>None</td>
<td>CA3 - Weak</td>
<td>CA3 - Mat</td>
<td>LMTs to MCLs and CA3 PNs</td>
</tr>
<tr>
<td>Synapses to INs</td>
<td>None</td>
<td>Filopodia Functional</td>
<td>Filopodia Functional</td>
<td>Extensive Filopodia and en passant</td>
</tr>
<tr>
<td>CA3 LTP</td>
<td>N/A</td>
<td>None/weak</td>
<td>High</td>
<td>Medium</td>
</tr>
<tr>
<td>STP</td>
<td>N/A</td>
<td>?</td>
<td>?</td>
<td>Extensive Facilitation</td>
</tr>
</tbody>
</table>

Top-down: behavioral effects of altering neurogenesis

There is now a large body of work in which investigators have manipulated hippocampal neurogenesis in adults and tested for resultant behavioral changes. Ultimately, one would like a list of specific cognitive and affective processes that either require adult neurogenesis or are impacted by its presence. This literature, however, has to date implicated abGCs in a large array of cognitive domains and is not always consistent (for reviews, see Deng et al. 2010; Koehl and Abrous 2011; Marin-Burgin and Schinder 2012). In this truncated review of the behavioral literature we will highlight various emerging themes.

Most studies have employed methods to reduce or ablate the production of abGCs, and some have used techniques to increase production (see Box 4). Given that this is typically a chronic manipulation, such studies must consider if the animal may be able to employ alternative strategies to function in the experimental paradigm, if compensatory mechanisms might lessen the impact of ablating adult neurogenesis (e.g., Singer et al. 2011), or if there is redundancy in the abGC population when ablation is incomplete. Conversely, false positive results may arise if there are side-effects associated with the ablation technique (see Box 4). Finally, even when the manipulation is specific, the ideal control group, the killing or silencing of ~5% of matGCs, is unavailable.

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BOX 4. In vivo manipulation of adult neurogenesis

Early investigations of adult neurogenesis suppressed the generation of abGCs by systemic administration of antimitotic agents (e.g., methylazoxymethanol acetate [Shors et al. 2001], temozolomide [Garthe et al. 2009]), a treatment confounded by nonspecific DNA modification and the inhibition of cell division throughout the body. The next development was the employment of whole brain, then focal, X-irradiation whereby the brief application of X-rays selectively kills dividing cells (Parent et al. 1999; Peissner et al. 1999); this technique, however, is accompanied by widespread DNA damage (see Ford et al. 2011) and inflammation in adjacent tissue (Monje et al. 2002). Although experiments are typically conducted once side-effects have subsided, and a “sham” group is anesthetized, nonspecific effects cannot be controlled for. Consequently, efforts are ongoing to develop localized irradiation methods (Ford et al. 2011), although irradiation will still impact the entire DG.

Genetic techniques to ablate adult neurogenesis have also been developed. One model employs mice where Herpes virus thymidine kinase (which catalyzes the conversion of ganciclovir to a compound toxic to proliferating cells) is targeted to GFAP-expressing cells, which include subgranular zone radial glial-like cells, so that administration of ganciclovir (or valganciclovir) will suppress neurogenesis (Bush et al. 1998; Saxe et al. 2006; Denny et al. 2012). However, enteric gial expression of GFAP can give rise to gastric side effects (see Bush et al. 1998) if drug administration is not carefully titrated. Cell-targeting using the human GFAP promoter may help (Scholes et al. 2009) but astrocytic proliferation is always arrested.

Dupret et al. (2008) overexpressed the proapoptotic gene Bax in neural progenitor cells by putting its expression under the control of the reverse tetracycline-controlled transactivator gene and driving this gene with the nestin promoter, which is expressed selectively in neural progenitors. Hence, administration of the tetracycline analog, doxycycline, increases subgranular zone apoptosis. However, neurogenesis is reduced rather than ablated in this model (Dupret et al. 2008; Massa et al. 2011).

Another confound to consider when ablating adult neurogenesis was highlighted by Singer et al. (2011) who found that although PP LTP was absent 4 wk after ablation (see “Adult hippocampal neurogenesis and its regulation”) it returned to control levels by 10-wk post-ablation. To account for this recovery, they showed that GABAergic innervation of matGCs decreases over time following ablation, suggestive of a chronic homeostatic/pathological change to the DG network.

Procedures to increase adult neurogenesis have focused largely on placing rodents in enriched environments with access to running wheels, whereby the exercise and elevated sensory stimulation increases neurogenesis considerably (Kempermann et al. 1997; van Praag et al. 1999). However, this technique also suffers from a lack of specificity, as it is well established that EE has many significant effects throughout the brain, not least in the hippocampus (see van Praag et al. 2000). Demonstrating that EE effects on behavior are prevented by ablating neurogenesis is necessary before any such changes are attributed to this process (e.g., Meshi et al. 2006).

To date the only published genetic strategy for increasing the number of abGCs was by Sahay et al. (2011b) who deleted the Bax gene from neural progenitor cells (using the cre-lox system where cre-recombinase expression was driven by the nestin promoter) and observed more than twice the number of doublecortin positive neurons with tertiary dendrites.

Developmental pharmacological strategies for selectively increasing adult neurogenesis remains a goal of the pharmaceutical industry; some initial success has been reported (Pieper et al. 2010) and this lead compound is currently being refined (MacMillan et al. 2011).

**abGCs and pattern separation**

The necessity of forming distinct memories of similar experiences is thought to require an encoding process whereby overlapping input patterns are somehow separated to be stored as more dissimilar patterns, hence facilitating their recall as distinct entities (see “The mammalian dentate gyrus”). By its formal definition (i.e., the transformation of similar inputs into more discordant outputs), pattern separation during memory encoding cannot be tested behaviorally. Rather, behavioral paradigms (based on both operant and associative learning) have been designed to assay the ability of animals to form distinct memories of similar spatial or contextual input sets (for discussion, see Hunsaker and Kesner 2013). The studies we describe below have combined more or less specific manipulations of the DG and/or adult neurogenesis with such behavioral tests, i.e., they have manipulated the structure in which pattern separation is hypothesized to occur and tested a predicted consequence of impaired pattern separation. Ideally, subjects would be tested on a spectrum of input patterns that vary parametrically (Hunsaker and Kesner 2013). More commonly, however, investigators have tested memory for cues or contexts that have been classified as similar or dissimilar, such that if responses to dissimilar inputs are unaffected the interpretation that it was a pattern separation operation that was compromised by the manipulation is strengthened.

There is now good behavioral support for the DG being critical in pattern separation (Kesner 2007, 2013; Hunsaker and Kesner 2013). Conversely, the mechanisms by which pattern separation is achieved remain uncertain. One hypothesis suggests that within a short period of time a stable subpopulation of active cells encodes differences in context via rate remapping (Leutgeb et al. 2007). However, originally the connectivity of the DG led to the proposal that patterns would be separated via recruitment of different GCs (i.e., global remapping; Rolls 1996; Rolls and Kesner 2006) and the results of Leutgeb et al. (2007) have recently been challenged (see Box 2; Neunuebel and Knierim 2012).

Behavioral tests largely rely on presenting animals with a novel neutral stimulus or stimulus location that resembles (to varying degrees) a stimulus or context previously associated with a reward or an aversive event, and determining if animals can distinguish the two stimuli. For instance, rats trained to push an object to access a sweet cereal pellet, when presented with that cup and a second empty one located at incrementing distances from the original, go to the correct one less frequently after a DG lesion only when the two objects are close together (Gilbert et al. 2001).

McHugh et al. (2007) exposed mice to two similar environments; in one, A, the animals were electrically shocked on each exposure, whereas in the second, B, they never received the noxious stimulus. The A:B ratio of freezing was taken as an indicator of how well the animal had formed distinct representations of the two contexts (Frankland et al. 1998). When the obligate NMDA receptor subunit NR1 was deleted from GCs mice took longer to discriminate the two contexts. Additionally, in vivo recordings of CA3 pyramidal neurons spatial firing in two distinct contexts showed that rate remapping was significantly lower in mutant mice (although remapping in CA1 was unchanged; McHugh et al. 2007).

An essential role for abGCs in mediating pattern separation, as inferred from behavioral deficits in mnemonic discrimination, is now supported by convergent lines of evidence (Sahay et al. 2011a). In the context-discrimination task employed by McHugh et al. (2007), mice lacking neurogenesis (Sahay et al. 2011b), with
reduced neurogenesis (Tronel et al. 2012), or lacking NR2B subunits in abGCs (Kheirbek et al. 2012a) all perform worse than controls. And in a complementary experiment, where Sahay et al. (2011b) increased the number of abGCs in the DG by deleting the essential proapoptotic gene Bax from neural stem cells and their progeny, mice discriminated between the two similar contexts more quickly.

Additionally, Clelland et al. (2009) tested mice in two spatial memory tasks after adult neurogenesis had been ablated using irradiation: (1) a radial arm maze task where mice had to choose the previously unvisited arm from two options spatially separated to varying degrees and (2) a nose-poke, touch screen task where a correct response from two choices presented at differing distances had to be made. In both cases irradiated mice performed worse than controls when spatially close choices were given but not when the options were well separated. Additionally, mice with elevated adult neurogenesis due to running also performed better on the touch screen task (Creer et al. 2010).

Finally, Nakashiba et al. (2012) aimed to silence DG output completely by expressing tetanus toxin light-chain in all GCs. However, the transgenic strategy employed led to the toxin not being expressed by abGCs until four or so weeks post-mitosis. Surprisingly, when mutant mice were tested in the context-discrimination task they distinguished the contexts faster than controls, suggesting, that abGCs alone mediate pattern separation in the DG, and that the large population of matGCs, in fact, hampers this process. Irradiating mutant and control mice impaired discrimination in a version of this task where the contexts were more dissimilar. These alterations were task-specific as mutant mice performed the radial arm task, used by Clelland et al. (2009), at control levels.

Interestingly, mutant mice displayed deficits in tasks hypothesized to be reliant on pattern completion, i.e., where memory of a context had to be retrieved based on a short exposure or when a hidden MWM platform had to be found when only a subset of cues present during learning was given during testing. This group had previously shown that mice lacking functional NMDA receptors in CA3 pyramidal neurons had deficits on such tasks (Nakazawa et al. 2002). The Nakashiba et al. (2012) study, thus, contradicts traditional models of hippocampal function by suggesting the DG is essential for both pattern separation and completion, with abGCs mediating the former and matGCs being required for the latter. However, it remains to be demonstrated whether ablation of mature cells was complete and whether a sparse number of remaining mature cells could function in these tasks.

Overall these studies suggest that abGCs are critical to an animal’s ability to form distinct memories of similar inputs and to guide behavior accordingly, and are thus consistent with this cell population making a critical contribution to the DG’s ability to execute pattern separation. Most controversially, the possibility is raised that abGCs alone are sufficient to mediate such a process. Given that the original conceptions of pattern separation relied on the activity of entorhinal cortical neurons being remapped onto a much larger number of DG GCs (see “The mammalian dentate gyrus”) these observations invoke a need to develop novel circuit-based models to account for the function of both abGCs and matGCs in pattern separation (and completion).

**Contextual and spatial memory**

Beyond a specific role in pattern separation the DG has typically been considered a key player in the acquisition and encoding of spatial and contextual information by the hippocampus (see Rolls and Kesner 2006; Kesner 2007, 2013; Xavier and Costa 2009). Recently, using optogenetic manipulation of the entire GC population that allowed transient and reversible excitation or inhibition, we found evidence that GCs are required for encoding of contextual memories but not for their retrieval (Kheirbek et al. 2013). Others have reported that selective optogenetic activation of GCs previously active during contextual encoding can later evoke a “false memory” but the requirement of these neurons for memory retrieval was untested (Liu et al. 2012). Using IEG labeling of activated GCs Satvat et al. (2011) have also provided evidence that different sets of GCs are recruited when animals are using an egocentric (e.g., turn left) or allocentric (e.g., turn east) strategy to run a maze, suggesting that, in addition to spatial input, task demands influence DG recruitment.

There are now many studies in which the impact of manipulating adult neurogenesis on hippocampus-dependent learning has been assessed. We refer the reader to recent extensive reviews of this literature (see Deng et al. 2010; Koehl and Abrous 2011; Marin-Burgin and Schinder 2012). As these reviews note, although basic deficits in contextual learning (assayed often by contextual fear conditioning) and spatial learning (usually as per the MWM) have been found, replication efforts have yielded divergent, often contradictory results. The reasons for these inconsistencies likely represent both meaningful variability in the task demands and biology of the subjects as well as confounds in the experimental methods used to alter neurogenesis (see Box 4).

With respect to specific task demands, for contextual fear conditioning both the time since ablation of neurogenesis (Denny et al. 2012) and the specific training paradigm used (Drew et al. 2010) are essential; these two studies provided evidence that 4- to 6-wk-old abGCs are crucial when contextual encoding is brief and only a single conditioning shock is given, suggesting the presence of abGCs may facilitate rapid acquisition of information. In the MWM, Dupret et al. (2008) found that changing subjects’ starting positions in the maze on testing days resulted in impairment for ablated mice, suggesting that relational memory, the combining of self-position with external cues, requires abGCs. This group has also published work demonstrating that MWM learning promotes both the survival and apoptosis of abGCs depending on cell age, suggesting that learning involves an active reorganization and stabilization of DG circuitry (Dupret et al. 2007).

Burghardt et al. (2012) investigated a role for abGCs in cognitive flexibility by testing mice that lacked adult hippocampal neurogenesis in a rotating maze task in which animals had to learn to avoid a fixed shock zone (relative to external cues) while on a rotating disc. Ablated animals learned the task at control levels, but when the shock zone was changed ablated mice showed pronounced deficits in the ability to learn the new location. When the expression pattern of arc in the DG was examined after mice had undergone reversal learning, the number of activated cells was higher in ablated mice, consistent with network level deficits and the possibility that animals had two overlapping spatial representations active in the DG. Minor deficits in reversal learning in the MWM have also been suggested in animals lacking adult neurogenesis (Wojtowicz et al. 2008; Garthe et al. 2009).

To date, most behavioral studies have employed chronic ablation/supplementation models where the levels of abGCs are altered throughout the multiple phases of the learning paradigm (i.e., acquisition, encoding, storage, consolidation, and retrieval). However, newer techniques allow the quieting or activation of these cells in an epoch-specific manner.

Recently, the first study using in vivo optogenetics to manipulate abGC activity was published (Gu et al. 2012). This study found that suppression of 4-wk-old, but neither 2- nor 8-wk-old, abGCs specifically during recall trials impaired contextual fear memories and spatial memories in the MWM. Interestingly, optically suppressing 4-wk-old abGCs during MWM training had no
effect on memory acquisition. These results complement those of Arruda-Carvalho et al. (2011) where killing abGCs (using conditional expression of the diphtheria toxin receptor) prior to training had no effect on contextual fear or MWM learning but when abGCs were ablated between training and testing memory was impaired.

The most parsimonious explanation of these data is that the DG can compensate for the absence of abGCs if they are not present at the time of learning, even if they are typically employed in learning and are required for full recall. As such, while these results support a functional role for abGCs in spatial/contextual memory, they also suggest that a neurogenesis deficient hippocampus functions as well as a control one in these tasks (at least in the easier versions that were used in these studies) and therefore do not necessarily provide evidence toward the value of generating new neurons.

Finally, Kitamura et al. (2009) provided evidence that the presence of abGCs speeds the time in which contextual memories become independent of hippocampal activity. Four weeks after fear conditioning inactivation of the hippocampus by tetradotoxin infusion had no impact on freezing levels in control mice but partially inhibited freezing in ablated mice. Conversely, in mice with elevated abGC levels, due to running, memories more rapidly became hippocampus-independent. This paper would suggest that abGCs are important elements of memory consolidation and transfer to neocortex, however the mechanisms by which they function in this process are currently undefined.

Related to longer-term memory processing Josselyn and Frankland (2012) have proposed that neurogenesis may actively destabilize memories and hence promote forgetting. The authors cite the inverse correlation, through development, between rates of hippocampal neurogenesis and the ability to lay down long-term memories, and have found that promoting AHN post-learning diminishes the retrieval of previously established memories (Frankland et al. 2013). This intriguing hypothesis demands a fuller understanding of why the increase in neurogenesis associated with hippocampus-dependent learning tasks is advantageous to the animal but underscores the dynamic nature of hippocampal structure and function. Interestingly, theories of synaptic memory systems where new memories must be encoded by networks that already contain stored information emphasize that learning necessarily means data loss, or forgetting (see, for example, Fusi et al. 2005). Hence, if abGCs rapidly encode information they may do so in a way that impacts previously stored information.

Overall, behavioral studies have not generated a significant consensus so far. However, one may note that the contribution of adult neurogenesis is most pronounced when the task is difficult and requires either rapid encoding or fine discrimination. Some of the heterogeneity in the interpretations may stem from the fact that modulating the DG will impact the rest of the hippocampal circuit. For example altering encoding and/or pattern separation by the DG is likely to influence downstream information storage and hence affect pattern completion, forgetting, or the transfer of information out of the hippocampus.

**abGCs and effect**

The negative impact that stress has on the proliferation and survival of adult-born granule cells (Gould et al. 1992, 1997; Fowler et al. 2002; Mirescu and Gould 2006) has fueled interest in a link between adult hippocampal neurogenesis and affective behavior. Moreover, antidepressant treatments, including selective serotonin reuptake inhibitors (SSRIs), monoamine oxidase inhibitors, and electroconvulsive therapy, increase levels of abGCs in the adult DG (Malberg et al. 2000), and the SSRI fluoxetine increases the rate of maturation of abGCs (Wang et al. 2008). Critically, certain behavioral effects of antidepressants are absent in mice that lack the capacity for adult neurogenesis (Santarelli et al. 2003; Airan et al. 2007; Surget et al. 2011), for example neurogenesis is required for antidepressant-mediated changes in the novelty suppressed feeding assay but not the forced swim test (David et al. 2009).

By contrast, the contribution of neurogenesis to baseline mood and how alterations in this process might contribute to the etiology of affective disorders remains much more controversial (Becker and Wojtowicz 2007; Sahay and Hen 2007). Although Revest et al. (2009) found evidence that reduced AHN could lead to an anxious phenotype, most studies have found that ablation of neurogenesis did not alter affective phenotype per se (Santarelli et al. 2003; David et al. 2009; Sahay et al. 2011a; Snyder et al. 2011; Surget et al. 2011).

Schloesser et al. (2009) found that mice lacking adult neurogenesis released a greater amount of the stress hormone corticosterone in response to mild stress, indicative of abGCs functioning somehow to suppress the hypothalamo–pituitary–adrenal (HPA) axis. Snyder et al. (2011) further found that if mice without hippocampal neurogenesis were exposed to mildly stressful events they later demonstrated behaviors consistent with a greater stress response. Surget et al. (2011) found that chronic unpredictable stress induced disruption of the HPA axis that was reversed by fluoxetine in a neurogenesis-dependent fashion. Hence, there is increasing interest in the concept of abGCs being crucially involved in reactions to stressful events (Dranson and Leonardo 2012).

Currently, the mechanisms by which antidepressants act through abGCs to improve mood and how abGCs modulate the HPA axis remain uncertain. There is increasingly a consensus that whereas the dorsal hippocampus is concerned with cognitive/spatial processing, the ventral pole operates in circuits that modulate affect (Fanselow and Dong 2010). Specifically, the ventral HPC projects to the whole limbic system (amygdala, nucleus accumbens, PFC, and hypothalamus) while the dorsal hippocampus projects primarily to association cortices (Fanselow and Dong 2010). Recently, through optogenetic modulation of GCs, we provided further support for this model, finding that grossly increased activity in the ventral DG selectively had an anxiolytic effect, whereas the dorsal DG was involved in general exploratory drive and memory encoding (Kheirbek et al. 2013). Airan et al. (2007) proposed a model of hippocampal pathology in a chronic stress model of depression whereby overall DG excitability is reduced relative to that of CA1 and antidepressants reverse this shift in a neurogenesis-dependent fashion. How precisely abGC activity might act to modulate, or repress, the HPA axis remains to be determined; it is possible that levels of neurogenesis directly impact the negative feedback loop mediated by stress hormones via hippocampal glucocorticoid receptors. Furthermore, how activity in the ventral hippocampus is related to the emotional valence of a situation, either encoding it directly (Royer et al. 2010) or significantly modulating downstream structures where valence is computed (Adhikari et al. 2011), awaits further elucidation.

That a robust link between adult hippocampal neurogenesis and mood exists without clear mechanistic insight is perhaps not surprising. How the routing of neuronal information through the dorsal portion of the hippocampal loop generates spatial maps and underpins episodic memory is a major focus in neuroscience (Buzsáki and Moser 2013), but our understanding of how an apparently homologous circuit (albeit with minor differences) in the ventral hippocampus processes affective information lags behind substantially. We believe a better understanding of this network will provide significant insight into mood and related disorders (Kheirbek and Hen 2011; Kheirbek et al. 2013).
Conclusions: toward a circuit-based understanding of adult hippocampal neurogenesis

It is now clear that in most mammals the DG produces a significant stream of new cells every day and the work of Toni et al. (2007, 2008) suggests that it is a disruptive process, with abGCs invading and taking over both afferent and efferent synapses made by preexistent matGCs. Why the DG network can accommodate such disruption is the first question that must be answered and the second is why it benefits from such an arrangement.

Among the most striking features of the DG are its sparse activity, each GC’s sparse connectivity to CA3 pyramidal neurons, the large synaptic strength of large mossy terminal synapses, the nonassociative nature of LTP at these synapses, and that GCs are not directly synaptically connected to one another (see “Bottom-up: characterization of adult-born granule cells”). These features have important implications for information transfer from DG to CA3. Sparse activity and connectivity mean that at any time a given CA3 pyramidal neuron is unlikely to receive input from two active GCs. Hence, it is improbable that DG output relies on convergent drive from GCs and the high strength of GC–CA3 pyramidal neuron synapses may represent a necessary feature to allow the DG to robustly influence CA3. Moreover, potentiation of large mossy terminal synapses occurs in a GC autonomous fashion (i.e., is independent of the firing of other GCs or the target cell [Nicoll and Schmitz 2005; Barnes et al. 2010]).

Together these attributes suggest that the activity of an individual GC has a significant impact on CA3 processing (Henze et al. 2002), in contrast to information transfer from CA3 to CA1, say, where connections between pyramidal neurons are individually weak (Bolshakov and Siegelbaum 1995). The significance of this remains to be formalized but it suggests that the activity of single GCs might be important in the recruitment of specific CA3 pyramidal neurons during memory encoding and that reactivating that same GC (be it as part of consolidation or recall) is sufficient to reactivate its CA3 targets. In this context, the idea of abGCs being specialized units for long-term information storage acquired during their hyperplastic phase is challenged by the fact that efferent connectivity continues to evolve after that period (see “Efferent synaptic connectivity and plasticity”), meaning reactivation of a given cell might recruit novel downstream targets.

Building a specific understanding of how the DG contributes to all stages of mnemonic processing will be essential for fully understanding adult neurogenesis. Novel tools for specifically (McHugh et al. 2007; Nakashiba et al. 2012) and transiently (Liu et al. 2012; Kheirbek et al. 2013) manipulating the DG should allow us to disentangle the functions of the DG in memory encoding, storage, consolidation, and retrieval. Currently, much attention has been focused on the DG during memory encoding and its placement to influence which units in the downstream storage network of CA3 are recruited (Rolls 1996; McHugh et al. 2007). We anticipate also that future consideration of the advantages of having the DG between EC and CA3 will move beyond the concept of separating two similar inputs toward a greater appreciation of a trade-off between discrimination and generalization, separation of multiple complex patterns, and information transmission (Cerasti and Treves 2010; Barak et al. 2013). To what degree information is stored long-term in the DG remains an essential question because of its implications for how disruptive the addition of new cells would be.

Data from top-down approaches have, to date, rather than pinpointed a specific cognitive function of abGCs, implicated these cells in an array of mnemonic and affective behaviors (see “Adult hippocampal neurogenesis and its regulation”). Therefore, more work, likely employing refined techniques for silencing and activating these cells, is still needed to refine the list of functions ascribed to abGCs.

Here, we have focused on recent studies that have highlighted abGCs as key contributors to discriminative learning and memory (Clelland et al. 2009; Sahay et al. 2011b; Kheirbek et al. 2012a;
Tronel et al. 2012). This hypothesis increasingly demands that the mechanisms by which the DG functions in pattern separation during memory encoding are determined; i.e., resolving the current uncertainty over whether expansion of input differences is achieved via rate remapping across the entire GC population (Leutgeb et al. 2007) or via the recruitment of different cohorts of GCs by only marginally different inputs. Furthermore, the suggestion that abGCs alone are sufficient to mediate pattern separation (Nakashiba et al. 2012) would require an entirely novel conceptualization of how this process is achieved. Recent IEG studies allowing labeling of recently and remotely activated cells have produced the interesting result that experiencing the same context (albeit days apart) recruits largely nonoverlapping subpopulations of GCs, suggesting that even identical external cues can lead to the activation of largely nonoverlapping GC cohorts (Tayler et al. 2013; CA Denny, pers. comm.).

The two dominant threads of research, that abGCs are required for pattern separation and that abGCs are hyperresponsive, represent a major challenge for adult neurogenesis research. It is striking that slice physiology experiments led to the conclusion that abGCs are more likely than matGCs to spike in response to both of two distinct inputs (Minin-Burgin et al. 2012). This would appear to be the antithesis of what would be predicted for an element making an essential contribution to a pattern separation circuit.

Resolving this issue will likely require a greater understanding of the network connectivity of abGCs as they develop (Vivar et al. 2012; Deshpande et al. 2013). One possibility is that for a period the abGC population is only sparsely connected to EC and this influences responses to neocortical activity (Deshpande et al. 2013). Conversely, these synaptic tracing studies also demonstrated that abGCs are robustly connected to the local circuitry early in their development.

Although GCs are not synaptically connected to one another and may function autonomously in important ways, the rich network of interneurons in the DG and underlying hilus (including both negative- and positive-feedback loops) indicate that processing of information within the DG is likely complex and that the selection of active GCs is tightly controlled. We are particularly interested in this facet of neurogenesis and believe that a theory of abGC function will not be complete without consideration of each cell’s numerous synaptic partners rather than just its EC inputs and its output to CA3 pyramidal neurons (Sahay et al. 2011a). Lackefeld et al. (2012) provided, to date, the only in vivo data exploring the impact of abGCs on DG network activity. This study focused on spontaneously occurring γ bursts in the DG of anesthetized mice that lacked abGCs. Following the loss of abGCs these γ bursts, which were dependent on entorhinal cortical input, were of larger amplitude, and action potentials occurring within these bursts were more phase-locked to the θ frequency component.

Network oscillations are emergent phenomena that rely on the interaction of various neuronal types within a network and crucially depend on the synchronized firing of INs (Mann et al. 2005; Bartos et al. 2007; Atallah and Scanziani 2009). γ frequency oscillations are predominately mediated by the coherent firing of parvalbumin-expressing basket cells (Gulyás et al. 2010). Hence, these findings strongly implicate abGCs in the local control of IN activity that feeds back onto the entire GC population to control firing (Lackefeld et al. 2012). Such observations are consistent with the morphology of DG PV basket cells that receive input from GCs and extend axonal arboretes across large swathes of the GCL (Lübke et al. 1998) and support the hypothesis that abGCs impact activity across the entire DG network (see also Piatti et al. 2013).

Consistently, the result of Burghardt et al. (2012) showing that when abGCs were absent a greater number of matGCs expressed the IEG arc after mice had learned a newly instated rule likewise supports the notion that abGCs regulate activity across the whole GC population. It is interesting to note that the DG has evolved a unique set of GCs, the semilunar cells that appear to regulate hilar mossy cell activity in a way distinct to that of conventional GCs (Larimer and Strowbridge 2010); it may be that abGCs function to regulate local processing in another distinct way.

What advantages might be gained from regulating local circuits, and pattern separation, in a cell-age dependent manner remains an outstanding question. As emphasized in the section “Efferent synaptic connectivity and plasticity” the DG network undergoes significant structural plasticity, in particular in MF connectivity to INs (Ruediger et al. 2011). These processes have not been studied in relation to adult neurogenesis; the possibility exists that dynamic reorganization of connections, including incorporation of new neurons, is required for key DG functions including pattern separation where it might facilitate diversifying the cohort of cells recruited by similar experiences occurring at different times.

In sum, there is now strong evidence that neurogenesis contributes to a variety of hippocampal functions, both in the cognitive and in the emotional domain. Moreover, recent data indicate that neurogenesis happens in the human brain at significant levels (similar to middle-aged rodents) through to old age (Spalding et al. 2013).

Table 1. Comparison of adult-born granule cell properties with overall properties of the dentate gyrus

<table>
<thead>
<tr>
<th>Cell number</th>
<th>Dentate gyrus</th>
<th>Adult-born granule cells</th>
</tr>
</thead>
<tbody>
<tr>
<td>DG &gt; entorhinal cortex</td>
<td>DG &gt; CA3 (Amaral et al. 1990)</td>
<td>abGCs &lt;&lt; entorhinal cortex abGCs &lt;&lt; CA3</td>
</tr>
<tr>
<td>Mnemonic spatial and contextual discrimination</td>
<td>Significant data supports crucial role (see Hunsaker and Kesner 2013)</td>
<td>Accumulating data supports crucial role (Clelland et al. 2009; Sahay et al. 2011b; Kheirbek et al. 2012a; Niibori et al. 2012)</td>
</tr>
<tr>
<td>Mechanism of pattern separation</td>
<td>Expansion coding involving a rate code (Leutgeb et al. 2007) and/or recruitment of distinct sets of cells (Rolls 1996; Rolls and Kesner 2006; Tayler et al. 2013)</td>
<td>Unknown</td>
</tr>
<tr>
<td>Contextual learning</td>
<td>Evidence for encoding function but not recall (Kheirbek et al. 2013)</td>
<td>Key role for rapid encoding of contextual information? (Drew et al. 2010)</td>
</tr>
<tr>
<td>Stress response</td>
<td>High expression of stress hormone receptors—hippocampus can regulate HPA axis</td>
<td>May modulate stress response by interacting with HPA axis (Schlösser et al. 2009; Snyder et al. 2011)</td>
</tr>
<tr>
<td>Antidepressant response</td>
<td>Antidepressants may globally increase activity (Aran et al. 2007)—mechanism uncertain</td>
<td>Neurogenesis required for behavioral response to SSRIs in some tests (Santarelli et al. 2003)—mechanism uncertain</td>
</tr>
</tbody>
</table>
et al. 2013), supporting the hypothesis that it is functionally relevant in people.

Why the DG is one of only two areas of the mammalian brain where significant adult neurogenesis occurs remains an open question. Here, we have considered various physiological and functional features of the DG which may be important for this question. That adult hippocampal neurogenesis exists and the fact that it is regulated by environmental factors and hippocampal activity argue that it allows the organism to better respond to the variations in cognitive and affective demands that result from a changing environment. Recent studies highlight the dynamic nature of DG contributions to mnemonic functioning and the interaction between memory encoding, storage, and retrieval processes. A greater understanding of network function in the hippocampus, where memories are only stored transiently, will likely improve our understanding of why it alone may particularly benefit from this phenomenon.

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Adult neurogenesis: Why the dentate?


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