Molecular activity underlying working memory

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The prefrontal cortex is necessary for directing thought and planning action. Working memory, the active, transient maintenance of information in mind for subsequent monitoring and manipulation, lies at the core of many simple, as well as high-level, cognitive functions. Working memory has been shown to be compromised in a number of neurological and psychiatric conditions and may contribute to the behavioral and cognitive deficits associated with these disorders. It has been theorized that working memory depends upon reverberating circuits within the prefrontal cortex and other cortical areas. However, recent work indicates that intracellular signals and protein dephosphorylation are critical for working memory. The present article will review recent research into the involvement of the modulatory neurotransmitters and their receptors in working memory. The intracellular signaling pathways activated by these receptors and evidence that indicates a role for Gβγ-initiated PI-PLC and calcium-dependent protein phosphatase calcineurin activity in working memory will be discussed. Additionally, the negative influence of calcium- and cAMP-dependent protein kinase (i.e., calcium/calmodulin-dependent protein kinase II [CaMKII], calcium/diacylglycerol-activated protein kinase C [PKC], and cAMP-dependent protein kinase A [PKA]) activities on working memory will be reviewed. The implications of these experimental findings on the observed inverted-U relationship between D1 receptor stimulation and working memory, as well as age-associated working memory dysfunction, will be presented. Finally, we will discuss considerations for the development of clinical treatments for working memory disorders.

Working memory is the capacity to temporarily keep in mind information that is not currently present to the senses in order to monitor and manipulate this information for a particular purpose. Therefore, it is the ability to keep one’s thoughts on information acquired in the past, in light of present demands, in order to plan one’s actions to reach a future goal. An example of working memory is watching for traffic as one attempts to cross the street. As one turns to cross the street, one must keep in mind the position of the oncoming traffic, while monitoring and using this information to calculate the appropriate time to initiate the attempt. The relative position of the cars is the information that is being held for the period of seconds it takes to make the decision to walk or not. Crossing the street is the goal, or purpose, that requires one’s thoughts to be direct and maintained on the traffic flow. Once the information is used, it is forgotten to minimize conflicts with subsequent decisions (Dudchenko 2004). The ability to integrate different information for planning and for goal-directed, purposeful action such as decision-making and problem-solving also requires working memory. For example, when a person is presented with a problem, a series of comparative evaluations must be done in order to determine the pros and cons for each potential solution. This requires the transient storage and subsequent manipulation of the relevant information so that a plan can be formulated for obtaining the desired goal. Additionally, working memory relies on several other cognitive operations including attention, selection, updating, and cognitive flexibility. Once a plan has been formulated, its execution also requires working memory in order to perform the constant monitoring and manipulation of new information required to ensure that the goal is achieved, especially in plans involving heuristic steps. Thus, working memory is crucial for the normal, everyday activities we engage in, including those requiring high-level (or executive) cognitive functions.

Recent studies suggest that working memory may also be involved in the acquisition and recall of episodic memory (Baddeley 2001; Ranganath et al. 2005). For example, fMRI (functional magnetic resonance imaging) studies have shown a strong overlap between the prefrontal regions activated in response to a working memory task and declarative learning. Furthermore, transcranial stimulation of the dorsolateral prefrontal cortex (the structure responsible for working memory in humans) during episodic memory encoding results in significantly impaired performance in a word pair task (Sandrini et al. 2003). Although the mechanism by which working memory contributes to episodic memory formation is not known, it has been suggested that it may involve organization of the information to be memorized, rehearsal during intentional learning, and/or linking semantic attributes to the memory (Buckner et al. 2000; Lee et al. 2000; Takashima et al. 2006). Likewise, memory recall may require the temporary sequencing or organization of the stored information in order to recreate the memory. Therefore, as will be discussed below, several disorders characterized by impaired memory acquisition/recall are also associated with working memory deficits.

Recent work in a number of laboratories has used animal experiments to examine the neurotransmitters and receptors, and the intracellular signaling pathways they activate, that are involved in normal working memory function. The present review will discuss the recent information regarding the prefrontal biochemical activity underlying working memory, as well as its dysfunction in neurological diseases. Special emphasis will be placed on recent advances in research regarding the intracellular signaling within the prefrontal cortex necessary for working memory.

The prefrontal cortex and working memory

Since the earliest working memory experiments performed by Jacobsen in 1936 on monkeys with prefrontal lesions, it has been known that prefrontal activity is required for the performance of tasks in which information needs to be monitored and manipu-
lated (Jacobsen 1936), but not tasks that require the simple main-
tenance of information over time. More recent brain-imaging
studies in humans using positron-emission tomography (PET)
and fMRI have shown increased blood flow within the human
prefrontal cortex during the delay-period of working memory
tasks (Jonides et al. 1993; Petrides et al. 1993; D’Esposito et al.
1995). The prefrontal regions most often associated with working
memory are the mid-dorsolateral, the orbitofrontal, and the me-
sial frontal regions. Interestingly, which of these different pre-
frontal regions is involved in the directing and maintaining of
thought appears to be based on the type of information and the
goal.

Research using monkey and rat models has yielded much of
our present knowledge regarding prefrontal activity, neurotrans-
misson, and the intracellular signaling involved in working
memory. Behavioral paradigms such as the delayed match-to-
sample and delayed nonmatch-to-sample tasks have been shown
to test the capacity for working memory in animals and in hu-
mans. In the delayed match-to-sample task, subjects are shown a
sample (e.g., an object) to remember. Following a brief presenta-
tion of the object, it is removed from the field of view. After a
delay of a few seconds, two objects (the previously seen object
and a novel object) are presented. The subject is required to cor-
rectly identify the previously seen sample in order to receive a
reward. This and other working memory tasks require the subject
(1) to attend to particular items in order to acquire specific in-
formation, (2) to hold this information for a period of seconds
during the delay period, and (3) to use this information for the
purpose of making a correct response. Neurophysiologic studies
in monkeys in the 1970s and 80s revealed that working memory
was linked to maintained or persistent neuronal activity in the
prefrontal cortex during the delay period (“delay-period activ-
ity”) of these working memory tasks. Specific neurons were ob-
served to be active during the delay period, and that this activity
terminated when the participant completed the task. These cells
were first identified in the dorsolateral PFC (dLPFC) of monkeys
performing delay match-to-sample tasks (Fuster and Alexander
1971; Kojima and Goldman-Rakic 1984), but have since been
observed in other brain areas. For example, neuronal activity
during the delay period has been recorded in the inferior tempo-
ral cortex (Miller et al. 1993). However, while delay-period activ-
ity in the dLPFC is maintained in the presence of distracters,
delay-period cells in the inferior temporal cortex cease to fire
when the subject is presented with a distracting stimulus. In ad-
tion to the inferior temporal cortex, neuronal activity during
the delay period has also been observed in other structures in-
cluding the auditory cortex, the medial geniculate body, the hip-
pocampus, the posterior parietal cortex, and the somatosensory
cortex (Watanabe and Niki 1985; Koch and Fuster 1989; Sakurai
1990; Zhou and Fuster 1997). While the role of delay-period cells
in working memory has not been fully elucidated, it has been
observed that ~70% of delay-period activity recorded in an occu-
lomotor delayed response task represented transient information
storage (Funahashi et al. 1993).

**Catecholamines in working memory**

As is the case for most of the brain, the major excitatory neuro-
transmitter for the prefrontal cortex is glutamate and the major
inhibitory neurotransmitter is GABA. While these neurotrans-
mitters are necessary for prefrontal neuronal activity and are in-
volved in the focal specificity of this activity, modulatory neu-
rotransmission in the PFC has been shown to play a prominent
role in working memory. Prefrontal dopamine neurotransmis-
ion, in particular, has been shown to be important for working
memory in animals and in humans. The seminal work by Bro-
zoski et al. first demonstrated the involvement of catecholamines
dopamine and norepinephrine in working memory. In this
study, it was observed that depletion of PFC catecholamines by
direct injection of 6-hydroxy-dopamine (6OHDA) caused pro-
found working memory impairments in monkeys (Brozoski et al.
1979). These impairments are comparable to those seen follow-
ing lesion of the PFC, indicating the prominent role for catech-
olamines in working memory. Since this initial observation of the
requirement of dopamine, a large body of research has examined
the role of dopamine, and the role of specific dopamine receptor
subtypes in working memory. For instance, depletion of PFC cat-
echolamines has been shown to impair working memory in rats
(Simon et al. 1979), whereas iontophoretic application of dopa-
nine into the PFC has been observed to increase delay-period
activity (number of spikes/sec) in monkeys performing working
memory tasks (Sawaguchi 2001). Furthermore, it has recently
been observed in rats and in humans that prefrontal dopamine
levels transiently increase during working memory, reiterating
the importance of this modulatory neurotransmitter for working

While dopamine is required for normal working memory,
subsequent studies have shown that excessive dopamine can
cause working memory impairments. For example, infusion of
high levels of dopamine D1 receptor agonists into the prefrontal
cortex has been demonstrated to impair working memory (Zahrt
et al. 1997; Runyan et al. 2005). Dose-response studies have re-
vealed that working memory performance requires an optimal
range of dopamine (or D1 receptor stimulation). These studies
showed that prefrontal D1 receptor stimulation follows an in-
verted-U-shaped dose-response curve with both insufficient and
excessive stimulation resulting in working memory impairments
(Williams and Goldman-Rakic 1995; Arnsten and Goldman-
Rakic 1998; Runyan et al. 2005). Consistent with this, it has been
observed that the working memory deficits observed in con-
ditions associated with elevated dopamine levels (e.g., stress) are
reduced by administration of D1 receptor antagonists. Similarly,
conditions associated with reduced dopamine levels (e.g., Parkin-
son’s Disease) show benefit from the use of D1 agonists (or L-
DOPA, a brain-permeable precursor for dopamine) (Cools 2006).
In addition to dopamine, this inverted-U-shaped response curve
has been identified for norepinephrine, a catecholamine derived
d from dopamine.

**Receptors for modulatory neurotransmitters**

Dopamine receptors are generally divided into two families: D1-
like (D1a, D1b) and D2-like (D2a, D2b, and D4) based upon their ability
to either increase (D1-like) or decrease (D2-like) cAMP levels. The
influence of dopamine on prefrontal neurons is mediated largely
by D1 receptors, which are more abundant than D2 receptors in
these cells (Lidow et al. 1991). For example, it has been shown
that D1 antagonists (which also inhibit D5 receptors), but not D2
agonists, suppress PFC delay-period activity and disrupt work-
ning memory in monkeys and in rats (Lidow et al. 1991; Sawagu-
chi and Goldman-Rakic 1991; Didriksen 1995; Aultman and Mo-
ghaddam 2001). Similarly, prefrontal infusion of low levels of D1
agonists, but not D2 agonists improves working memory (Arn-
sten et al. 1994; Runyan et al. 2005). Interestingly, D3 receptors,
which are also abundantly expressed in the PFC (Meador-
Woodruff et al. 1996), have been observed to be involved in
working memory (Zhang et al. 2004).

D1 receptors are present in close conjunction with glutama-
tenic synapses on the distal dendritic spines of prefrontal neu-ons (Smiley and Goldman-Rakic 1993; Williams and Goldman-
Rakic 1993). By comparison, D3 receptors, which have similar
intracellular activities as D1, are largely extrasynaptic (Paspalas
and Goldman-Rakic 2004). As most agonists/antagonists act on both D1 and D5 receptors, it is difficult to determine the contribution of each of these receptor subtypes to working memory. D1 receptors are expressed on both pyramidal neurons and on GABAergic interneurons (Muly et al. 1998) within the prefrontal cortex. Due to this distribution, dopamine has been shown to not only stimulate the activity of pyramidal neurons, but also to either enhance or depress (in a concentration-dependent manner) the excitability of fast-spiking (FS) inhibitory interneurons (Gao and Goldman-Rakic 2003). Since inhibitory neurons within the prefrontal cortex are thought to restrict the spatial extent of neuronal activity, the presence of D1 receptors on inhibitory neurons suggests that they play an important role in promoting focal, persistent excitability (Trantham-Davidson et al. 2004).

In addition to dopamine, research involving monkeys, rats, and humans has demonstrated that other modulatory neurotransmitters influence working memory such as norepinephrine acting through a-adrenergic receptors (Arnsten and Goldman-Rakic 1985; Li and Mei 1994), serotonin through 5-HT2A receptors (Williams et al. 2002), and acetylcholine through muscarinic receptors (Granon et al. 1995) (Fig. 1). For example, it has been shown that moderate levels of norepinephrine that activate a2A adrenergic receptors resulted in improved working memory, whereas at higher levels, norepinephrine activates a1 receptors, resulting in impaired working memory (Franowicz and Arnsten 1998; Mao et al. 1999; Arnsten 2000). Similarly, it has been proposed that excessive prefrontal norepinephrine levels may contribute to the working memory deficits observed following stress or conditions such as attention deficit hyperactivity disorder (ADHD) and schizophrenia (Birnbaum et al. 1999; Friedman et al. 1999; Rusell et al. 2000).

**Intracellular signaling activated by modulatory neurotransmitter receptors**

A number of biochemical and genetic studies have demonstrated that the receptors that are necessary for working memory (e.g., D1, muscarinic and a2A receptors) initiate intracellular second messenger pathways. Recent research has provided evidence that the activities of these intracellular signaling pathways are critical for working memory.

Both D1 and a2A receptors belong to a family of seven transmembrane-spanning receptors known as G-protein-coupled receptors (GPCRs). Upon neurotransmitter binding, conformational changes in these receptors allow them to interact with specific heteromeric GTP-binding proteins (G-proteins) in the cytoplasm. The major heteromeric G-proteins found in the prefrontal cortex are Gs, Gi, and Gq, each having distinct effects on intracellular signaling. For example, the Gq pathway enhances intracellular cAMP concentrations (via increased adenylyl cyclase activity), resulting in the activation of cAMP-dependent protein kinase A (PKA) and Epac (de Rooij et al. 1998). In contrast, Gi proteins reduce cAMP levels and PKA activity. Gq proteins couple the plasma membrane receptor to phosphoinositide–phospholipase C (PI–PLC), causing increases in intracellular diacylglycerol and inositol trisphosphate (IP3). IP3 causes the release of calcium (Ca2+) from intracellular stores that can activate several calcium-dependent enzymes including the phosphatase calcineurin, CaMKII, and PKC. Although the G-protein-coupled responses are specific, there can be cross-talk between these signaling cascades at multiple levels. For instance, increased intracellular calcium can increase cAMP levels by stimulating the activity of calcium-sensitive adenylyl cyclase.

In terms of the G-proteins with which they interact, D1 receptors can be either Gi or Gq coupled, and upon dopamine binding can result in increased cAMP and/or calcium mobilization (Wang et al. 1995). Interestingly, the D1 agonist SKF83959 selectively stimulates PI–PLC activity, suggesting the specific activation of Gq-coupled D1 receptors (Jin et al. 2003). Conversely, the D1 agonist SKF86284 stimulates adenylyl cyclase, an effect mediated by Gi proteins, without having any effect on phosphoinositide hydrolysis (Undie et al. 1994). Although the reason for this selectivity is not well understood, these findings suggest that the D1 receptors coupled to Gi proteins, and those coupled to Gq proteins, may represent distinct subpopulations of D1 receptors. D1 receptors in the prefrontal cortex have recently been observed to be in close proximity with IP3-gated calcium stores (i.e., subsurface cisterns and mitochondria) (Paspasalas and Goldman-Rakic 2004). In addition to D1/5 receptors, a1-adrenoceptors, 5-HT2A receptors, S-HT2A, and muscarinic cholinergic M1 receptors are also Gi coupled and have been linked to calcium mobilization. In contrast, D2 and a2A receptors are Gq-coupled receptors and their stimulation results in decreased cAMP levels.

**Gq-activated signals in working memory**

Several lines of research have indirectly indicated that signaling via the Gq pathway is involved in working memory. First, alterations in prefrontal Gq signaling have been associated with working memory deficits in schizophrenia patients (Lidow 2003). For example, it has been observed that the dIPFC of schizophrenics exhibits over twice the normal level of calcyon, while the protein dependent on G protein signaling–dopaminergic inhibitor of Gq protein-induced intracellular Ca2+ release, is down-regulated (Mirnics et al. 2001; Koh et al. 2003). Second, working memory impairments resulting from stress have been shown to result from overactivation of PKC (Birnbaum et al. 2004), which can be activated by Gq-induced increases in intracellular Ca2+. Third, it has recently been observed that persistent, recurrent excitation in prefrontal neurons requires calcium release from intracellular stores through the IP3 pathway in vitro (Gao and Goldman-Rakic 2006). Fourth, persistent activity of layer V pyramidal neurons in the entorhinal cortex is dependent on calcium-sensitive cation channels (Egorov et al. 2002).

Recent studies from the investigator’s laboratory using a delay match-to-place working memory task have provided more direct biochemical evidence that the Gq pathway is necessary for working memory (Runyan et al. 2005). In this task, rats are allowed to find the location of a hidden platform in a water maze; then, after a brief delay, are required to find it once again. Following an intertrial interval (typically 4 min), the location of the hidden escape platform is moved and the task is repeated (Fig. 2). The task trial is repeated at least five times per testing session. The decrease in time between the first (naive) and second (experienced) trial is used as an indicator of the animal’s capacity for...
workings memory. Performance in this task is dependent on mPFC activity, as its inactivation by muscimol profoundly impairs performance. Similar to other working memory tasks, either too much or too little dopamine also impairs performance in this task (Williams and Goldman-Rakic 1995; Zahrt et al. 1997; Runyan et al. 2005). To assess a role for Gq proteins in working memory, we measured its levels in membrane and cytosolic fractions from the medial prefrontal cortex (mPFC, the homolog of the prefrontal regions associated with working memory in the human and primate [Kolb 1984; Uylings and van Eden 1990]) tissue samples taken at different time points (in terms of seconds) following the location trial. Once activated, the α subunit of Gq proteins translocate from the membrane to a cytosolic fraction (Arthur et al. 1999). Thus, a redistribution of these proteins can be used as an indicator of prior activation. Our findings show that Gq translocates from the membrane during the delay period of the match-to-place task (Runyan et al. 2005), suggesting that the Gq signaling cascade is activated during working memory. Since activation of Gq proteins leads to enhanced PI-PLC activity, the involvement of this enzyme was investigated using a pharmacological inhibitor of PLC. As anticipated, intra-mPFC infusion of U73122 resulted in working memory impairments.

Protein kinases and working memory

As stated above, the activation of Gq proteins is linked to increases in intracellular calcium, principally through the PI-PLC-mediated increase in IP3 and release of calcium from intracellular stores. Several calcium-sensitive enzymes, including CaMKII and PKC, are activated in response to elevated intracellular calcium. Our work using the delay match-to-place task has shown that working memory results in transient increases in the activities of CaMKII and PKC in the medial prefrontal cortex (Runyan et al. 2005). Using the CaMK inhibitor KN-92, it was found that inhibition of CaMKII in the prefrontal cortex is associated with improved performance in the working memory task. Similarly, intra-mPFC infusion of either the pan-specific PKC inhibitor GF109203X or the inhibitor of calcium-sensitive PKC isoforms Gö6976, also resulted in improved working memory. These findings suggest that Gq-mediated calcium-responsive kinase activity plays a negative role in working memory. Consistent with this suggestion, stress-associated working memory impairments have been shown to result from overactivation of PKC in the PFC (Birnbaum et al. 2004). It is thought that stress-associated enhanced PKC activity in the prefrontal cortex is due to engage-ment of α1 adrenergic receptors, a Gq-coupled receptor. Blockade of this kinase activity improves working memory performance in stressed animals, suggesting that enhanced phosphorylation of substrate proteins may be detrimental for working memory.

Protein phosphatases and working memory

In addition to calcium-sensitive kinase activity, increases in intracellular calcium also activate the calcium-sensitive phosphatase calcineurin (at concentrations lower than that required for kinase activation). The abovementioned studies, performed both in normal animals and following pathological conditions, indicate that kinase activity plays a negative role in working memory, suggesting that substrate dephosphorylation may be required for proper working memory function. In support of this suggestion, genetic studies using forebrain-specific calcineurin knockout mice have demonstrated a requirement for this phosphatase in working memory (Zeng et al. 2001). However, the absence of calcineurin in several brain structures including the hippocampus of these mice makes assigning a specific role for calcineurin activity in working memory difficult. A recent study has provided biochemical evidence for prefrontal calcineurin activation in the delay match-to-place working memory task (Runyan et al. 2005). Consistent with its higher affinity for calcium, calcineurin was activated prior to the activation of calcium-dependent kinases. Furthermore, intra-mPFC inhibition of calcineurin activity resulted in a dose-dependent impairment in working memory performance. Taken together, these studies suggest that while calcineurin-mediated protein dephosphorylation is required for working memory, calcium-dependent phosphorylation is detrimental.

Based on these observations, calcineurin activity could participate in working memory in two ways. (1) Calcineurin-mediated protein dephosphorylation is involved in modulating the ion channel currents necessary for delay-period activity within the prefrontal cortex. (2) Calcineurin activity is required for suppressing task-irrelevant prefrontal activity, thereby increasing the signal-to-noise ratio. This may provide a molecular mechanism for previous models of working memory in which a decrease in “noise” or irrelevant activity and an increase in “signal” or relevant activity has been theorized to be necessary for maintaining the information required for performing goal-directed action (Durstewitz et al. 2000; Gonzalez-Burgos et al. 2005). These possibilities are not meant to be exhaustive or exclusive. Thus, continued research directed at revealing the substrates (e.g., ion channels or receptors) that are modulated by calcium and/or calcineurin activity and the identification of the cell types (e.g., excitatory vs. inhibitory), in which calcineurin activity is enhanced, is needed to further elucidate how protein dephosphorylation contributes to working memory.

Potential substrates contributing to working memory

Working memory is likely to involve transient modulation of activity of substrate proteins. Since ion channel and cell-surface receptors significantly contribute to neuronal excitability, their transient dephosphorylation may be critical for delay cell activity and working memory. Many channels and receptors phosphorylated by calcium-dependent kinases CaMKII and PKC can be dephosphorylated by calcineurin. For example, phosphorylation of K, 1.4 K+ channels by CaMKII leads to slow inactivation of these channels. On the other hand, dephosphorylation of the same K+ channel by calcineurin leads to its fast inactivation (Roepert et al. 2005).
The activity of L-type Ca\textsuperscript{2+} channels in the hippocampus is enhanced via dephosphorylation by calcineurin (Norris et al. 2002), and the voltage-dependent Kv2.1 K\textsuperscript{+} channel, when dephosphorylated by calcineurin, translocates from a clustered to a more uniform distribution (Misonou et al. 2004). Additionally, there is recent evidence that suggests that D1 receptors are physically linked with calcineurin, and that calcineurin actively dephosphorylates D1 receptors (Adlersberg et al. 2004). A list of several channels and receptors whose activity is modulated by phosphorylation/dephosphorylation is provided in Table 1.

Although the substrates that are dephosphorylated in vivo have not been identified, in vitro neurophysiologic studies have demonstrated that D1 receptor activity can modulate the function of several ion channels and receptors. For example, D1 stimulation can increase the excitability of prefrontal pyramidal neurons through inhibition of several K\textsuperscript{+} currents (Dong and White 2003). In addition, D1 receptor stimulation in prefrontal neurons has also been reported to modulate a persistent sodium current (D1a receptors) (Adlersberg et al. 2004). A list of several channels and receptors whose activity is modulated by phosphorylation/dephosphorylation is provided in Table 1.

In addition to D1 receptors, S-HT\textsubscript{2A} receptors (which are also involved in working memory) have been shown to inhibit L-type Ca\textsuperscript{2+} currents in prefrontal pyramidal neurons. This occurs as a result of phospholipase C activation, mobilization of intracellular calcium, and the activation of calcineurin (Day et al. 2002). Recently, it has been demonstrated that stimulation of prefrontal α2a receptors improves working memory performance by reducing cAMP and closure of hyperpolarization-activated cyclic nucleotide-gated (HCN) channels (Wang et al. 2007).

**Inverted-U response curve and calcium-mediated intracellular signaling**

As described above, working memory performance has been demonstrated to obey an inverted-U-shaped response curve as a result of increasing D1 stimulation or dopamine levels. This relationship has been demonstrated not only in experimental animals such as rats and monkeys, but also in human volunteers.

Based on the distribution of D1 receptors on both excitatory and inhibitory neurons, a mechanism for the observed inverted-U dose response curve for dopamine has been proposed. Goldman-Rakic and colleagues suggested that low concentrations of dopamine activate D1 receptors located on both the prefrontal excitatory and inhibitory neurons. However, at these lower concentrations, D1 stimulation is more effective at enhancing the activity of excitatory neurons, thus facilitating delay cell activity and working memory. In contrast, higher levels of dopamine result in a plateau in the enhancement of excitatory activity, yet still facilitate inhibitory neuron activity. This increased inhibitory activity reduces the persistent activity of excitatory neurons necessary for working memory (Goldman-Rakic et al. 2000).

As an alternative to the mechanism proposed by Goldman-Rakic and colleagues, the inverted-U-shaped effect observed as a result of either too much or too little D1 receptor activity may be explained by an independent model that involves a shift from calcium-mediated phosphatase- to kinase-dominated signaling (Fig. 3). As indicated above, calcineurin is activated at low levels of intracellular calcium. At low levels of D1 stimulation, Gₛ-mediated calcium release could boost calcineurin activity, thereby improving working memory. On the other hand, at high levels of D1 stimulation, calcium concentrations may rise to levels sufficient to activate calcium-dependent protein kinases (e.g., PKC, CaMKII) and antagonize the substrate dephosphorylation required for working memory. At present, however, it is not known whether this shift occurs in excitatory neurons, inhibitory neurons, or both.

This opposing action of kinase and phosphatase activities on working memory, as a consequence of rising intracellular calcium, may also explain the differential influences of increasing norepinephrine stimulation. High levels of norepinephrine activate α₂ adrenoceptors and have been demonstrated to impair working memory (Armsten and Goldman-Rakic 1985). Activation

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**Table 1. A list of substrates whose activities are known to be altered by phosphorylation/dephosphorylation that may participate in working memory**

<table>
<thead>
<tr>
<th>Enzymes</th>
<th>Action on receptors, ion channels, and currents</th>
<th>References</th>
</tr>
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<tbody>
<tr>
<td>PKA</td>
<td>Suppresses rapidly inactivating Na\textsuperscript{+} channels; suppresses slowly inactivating K\textsuperscript{+} currents; potentiation of L-type Ca\textsuperscript{2+} channel; increases N &amp; P/Q channel-mediated calcium rise; increases NMDAr calcium influx</td>
<td>Solem et al. 1997; Maurice et al. 2001; Dong and White 2003; Young and Yang 2004; Skeberdis et al. 2006.</td>
</tr>
<tr>
<td>PKC</td>
<td>Slows inactivation of persistent Na\textsuperscript{+} channels {[Na\textsuperscript{+}]P}; suppression of L-type Ca\textsuperscript{2+} channels; increases steady-state NMDA currents</td>
<td>Gorelova and Yang 2000; Chen et al. 2004; Young and Yang 2004.</td>
</tr>
<tr>
<td>CaMKII</td>
<td>Slows inactivation of K\textsubscript{1,4} K\textsuperscript{+} channels; increases kainate-induced ion current</td>
<td>McGlade-McCulloh et al. 1993; Roeper et al. 1997.</td>
</tr>
<tr>
<td>Calcineurin</td>
<td>Fast inactivation of K\textsubscript{1,4} K\textsuperscript{+} channels; inhibition of L-type Ca\textsuperscript{2+} current; potentiation of mGluR5</td>
<td>Roeper et al. 1997; Day et al. 2002; Alagarsamy et al. 2005.</td>
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**Figure 3.** A proposed relationship between intracellular calcium levels, phosphatase-kinase activities, and working memory. The observed inverted-U response curve for working memory in relation to D1 stimulation (red curve) can be explained by activation of calcium-sensitive protein phosphatase activity at low levels of stimulation (required for working memory) and activation of calcium-sensitive protein kinases at high levels of D1 stimulation (impairs working memory).
and fear memory deficits (Abeliovich et al. 1993; Mayford et al. 1996). The use of pharmacological inhibitors or genetic mutations to inactivate and PKA are required for short- and long-term memory. The use of these kinases has repeatedly been observed to result in spatial

Figure 4. A proposed relationship between altered calcium homeostasis in aged animals and working memory impairments. In young animals, persistent neuronal activity may result in a gradual accumulation of calcium and activation of calcium-sensitive kinases, possibly defining the temporal limits of working memory (left panel, shaded area). In aged animals, increased calcium levels and prolonged decay of calcium signals may hasten the transition from phosphatase-dominated to kinase-dominated activities. This accelerated transition may explain the working memory impairments seen in aged animals when tested using long, but not short, delay periods (right panel, shaded area).

of these receptors has been linked to PKC activation, and PKC inhibition improves working memory in conditions associated with high norepinephrine levels such as stress (Birnbaum et al. 2004).

The calcium model could also account for the working memory deficits often observed in aged animals and humans. It has been reported that while aged and young rats perform working memory tasks equally well when the delay period is short, the performance of aged animals is significantly impaired in longer delay-period tests (Dunnett et al. 1988). Although it has been consistently demonstrated that calcium homeostasis is perturbed in the neurons of aged animals, the degree and/or direction of change depends on the structure examined and the method of evaluation used. For example, elevated resting levels of neuronal calcium, increased density of L-type calcium channels, and prolonged decay of calcium signals have been reported (Martinez et al. 1988; Giovannelli and Pepeu 1989; Verkhratsky et al. 1994; Villalba et al. 1995; Thibault and Landfield 1996; Toescu and Verkhratsky 2000). These alterations in neuronal calcium homeostasis may yield a shift in the phosphatase–kinase ratio required for proper working memory function (Fig. 4). For instance, in test paradigms with long delay periods, the persistent activity of the delay-period cells may result in an accumulation of calcium and calcium-sensitive kinase activation. As kinase activity appears to negatively influence working memory, their activation would result in poor working memory performance. In contrast, calcium-mediated phosphatase activity may persist long enough to maintain the dephosphorylation of the required targets when the delay periods are short. As shown in Figure 4, the delay periods at which working memory is present may depend on the magnitude of calcium change. For instance, aged animals with higher intracellular calcium (either basal or influx) are predicted to have normal working memory at only very short delay periods. By comparison, aged animals with modest increases in intracellular calcium may have detectable working memory at both the short and intermediate time points.

Short- and long-term vs. working memory

It is well documented that protein kinases such as CaMKII, PKC, and PKA are required for short- and long-term memory. The use of pharmacological inhibitors or genetic mutations to inactivate these kinases has repeatedly been observed to result in spatial and fear memory deficits (Abeliovich et al. 1993; Mayford et al. 1996; Abel et al. 1997b; Schafe and LeDoux 2000). Additionally, moderate doses of activators of PKC and PKA have been observed to augment short- and long-term memory (Yang and Lee 1993; Jentsch et al. 2002). Long-term potentiation (LTP) in the hippocampus, a proposed mechanism for learning and memory, is dependent on the activity of these protein kinases. For example, inhibition of CaMKII activity, or mice lacking the α isoform of CaMKII, show impaired hippocampal LTP and learning and memory (Malinow et al. 1989; Silva et al. 1992a,b). Similarly, inhibition of PKA activity blocks L-LTP (late-phase LTP) (Abel et al. 1997a). In contrast to the memory-impairing effects of protein kinase inhibition, blockade of protein phosphatase activity improves short- and long-term memory (Ikegami and Inoue 2000; Malleret et al. 2001).

In contrast to the necessary role of PKC and CaMKII activation in short-term memory, the activities of these kinases seem to be detrimental for working memory performance. Likewise, whereas inhibition of calcineurin impairs working memory, it has been shown to facilitate short- and long-term memories. Consistent with the negative role of protein kinase activity, studies have shown that stimulation of PKA activity in the prefrontal cortex impairs working memory (Taylor et al. 1999; Runyan and Dash 2005). For example, it has been shown that age-associated working memory impairments in rats and monkeys are due to over-activation of the cAMP/PKA pathway in the PFC (Ramos et al. 2003). In addition to its influence on PKA activity, elevated cAMP levels have been recently demonstrated to impair working memory by directly interacting with HCN channels (Wang et al. 2007). Taken together, these studies suggest that working and short-term memory require different, and possibly antagonistic, intracellular mechanisms for their manifestation (Fig. 5).

Figure 5. A proposed relationship between intracellular calcium levels, phosphatase-kinase activities, and working, short- and long-term memory. The figure shows the observed inverted-U response curve for working memory in relation to rises in intracellular calcium (black arched curve). Experimental findings show that while calcineurin activity (occurring at low calcium levels) is required for working memory, it impairs short- and long-term memory. The curves shown for short- (dark gray curve) and long-term (light gray curve) memory are reminiscent of those proposed by Bienenstock et al. (1982) for synaptic plasticity. However, it has not been tested whether modest increases in intracellular calcium would impair short- and long-term memories (dashed dark and light gray lines). Since repeated training is often required for long-term memory, the formation of this type of memory may require higher levels of intracellular calcium as compared with short-term memory.
An antagonistic intracellular mechanism may have functional implications. As described above, working memory involves the transient maintenance of information for subsequent manipulation in order to guide goal-directed behaviors. Once the objective is achieved, there is no need to store this transient information in a longer form. It is therefore possible that using opposing biochemical mechanisms (e.g., kinases are required for long-term memory, but appear to be detrimental to working memory) may ensure that information held in working memory is not stored in more enduring forms. This enables a differentiation of circumstances, in which one forms long-term memories from those circumstances in which one has to merely transiently keep in mind and use particular information momentarily.

Disorders of working memory
Several types of neurological disorders are marked by deficits in working memory. Since the late 1800s, initially through studies of brain-injured patients, it has been known that damage to the PFC impairs the individual’s ability to make appropriate and directed actions. Subsequent studies have revealed that PFC damage results in deficits in working memory, which can give rise to many of the behavioral abnormalities observed in these earlier studies. These patients are easily distracted, are impaired at focusing and maintaining attention on sensory stimuli, have poor concentration and organization of thought, and are more susceptible to proactive interference (Woods and Knight 1986; Godefroy and Rousseaux 1996; Thompson-Schill et al. 2002). In addition to PFC damage, deficits in working memory are also associated with schizophrenia, ADHD, Alzheimer’s disease (AD), Parkinson’s disease (PD), and normal aging. The abnormal working memory exhibited by these patients has been linked to dysfunctional prefrontal neurotransmission. For instance, whereas the positive or psychotic symptoms in schizophrenia are associated with increased dopaminergic transmission in subcortical regions such as the striatum, the cognitive impairments (e.g., impaired working memory) are associated with decreased prefrontal dopaminergic transmission (Weinberger 1987; Davis et al. 1991). Additionally, PET studies in schizophrenics have shown decreased dopamine D1 receptor binding (Okubo et al. 1997, but see Abi-Dargham et al. 2002). Table 2 provides an overview of the cognitive deficits associated with each of these different disorders and aging. The modulatory neurotransmitter systems that participate in normal working memory and have been reported to be altered in each of these conditions are listed.

### Table 2. Disorders resulting in working memory deficits and the abnormalities in prefrontal neurotransmitters associated with these deficits

<table>
<thead>
<tr>
<th>Disorders</th>
<th>Symptoms/W.M. deficits</th>
<th>Neurotransmitter systems</th>
<th>References</th>
</tr>
</thead>
<tbody>
<tr>
<td>Traumatic Brain Injury (TBI)</td>
<td>W.M. deficits resemble those following frontal lobe damage. TBI patients are impaired in six different W.M. tasks. Etiologies consist of difficulty in active and effortful planning as well as in learning and memory recall.</td>
<td>Disregulation of prefrontal catecholaminergic (DA, NE, and E) transmission. In particular, prefrontal DA and NE transmission are altered. DA and NE reuptake inhibitors improve W.M. A D2 agonist has been shown to improve W.M. Reduced prefrontal catecholaminergic input. Links have been made between ADHD and genes related to DA and NE. Effective treatments for ADHD facilitate catecholamine transmission. Additionally, α2-adrenergic receptor agonist improves W.M. in ADHD patients. W.M. deficits in schizophrenia have been linked with decreased prefrontal DA transmission; α2-adrenergic receptor agonists improve W.M. in AD patients.</td>
<td>For review, see McAllister et al. 2004</td>
</tr>
<tr>
<td>Attention Deficit/Hyperactivity Disorders (ADHD)</td>
<td>Core deficits are poor attention regulation, impulsivity, and hyperactivity. As these deficits are antagonistic to the capacity for W.M., ADHD patients are also impaired in W.M.</td>
<td></td>
<td>For review, see Arnsten 2006</td>
</tr>
<tr>
<td>Schizophrenia</td>
<td>Includes both positive symptoms (e.g., hallucinations) and negative symptoms (e.g., impaired working memory). Several indicators suggest that many cognitive dysfunctions associated with schizophrenia are a result of underlying W.M. deficits. W.M. is the most consistently observed deficit in schizophrenia.</td>
<td>Disregulated prefrontal catecholaminergic (DA, NE, and E) transmission. Evidence suggests that memory deficits in early AD result from impaired memory acquisition.</td>
<td>For review, see Goldman-Rakic et al. 2004</td>
</tr>
<tr>
<td>Alzheimer’s Disease (AD)</td>
<td>Progressive decrements in cognitive functioning and memory deficiencies. Evidence suggests that memory deficits in early AD result from impaired memory acquisition.</td>
<td>Reduced acetylcholineric, serotonergic, and norepinephrine activity in the frontal cortex. α2-adrenergic receptor agonists improve W.M. in AD patients.</td>
<td>For review, see Morris and Baddeley 1988; Germano and Kinsella 2005</td>
</tr>
<tr>
<td>Parkinson’s Disease (PD)</td>
<td>Movement disorder that may result in cognitive deficits and dementia. PD patients also have impaired active W.M. and problems organizing and using new materials as well as applying strategies.</td>
<td>Disregulated prefrontal activity as a result of a reduction in subcortical input into the frontal cortex. Evidence indicates that prefrontal DA transmission is impaired in PD.</td>
<td>Mattay et al. 2002; Brooks 2006</td>
</tr>
<tr>
<td>Aging</td>
<td>Decline in cognitive function. Impaired working memory. Increased sensitivity to interference from task- or goal-irrelevant information.</td>
<td>Deterioration of prefrontal DA signaling. W.M. is improved with moderate augmentation of prefrontal D1 receptor activity. Inhibition of PKA activity improves W.M. in aged monkeys.</td>
<td>For review, see Williams and Castner 2006</td>
</tr>
</tbody>
</table>
memory. As has been suggested by Arnsten and colleagues regarding the potential negative influences of PKA stimulation on working memory (when utilized as a means of improving long-term memories) (Arnsten et al. 2005), it now appears that global inhibition of calcium-sensitive kinases to improve working memory may have similar complicating influences on long-term memory. However, it has not yet been tested whether the degree of kinase inhibition necessary to improve working memory in pathological situations is sufficient to impair short- or long-term memories. Likewise, strategies to augment phosphatase activity, while potentially improving working memory, may have negative influences on longer lasting forms of memory, depending on the degree of activation. Although yet to be experimentally tested, low doses of drugs such as SKF83959 that have little effect on adenylyl cyclase and PKA activity, but stimulate PLC-coupled D1 receptors (Ündel et al. 1994; Jin et al. 2003), may offer a means of treating working memory deficits without overt influences on other cognitive processes. Alternatively, therapies aimed at the specific downstream substrates (e.g., ion channels) that are required for, or impair, working memory may have clinical utility. For example, intra-nRCA-infusion of the HCN channel blocker ZD7288 has been demonstrated to enhance spatial working memory in rats (Wang et al. 2007). As research in this area continues, the challenges associated with the treatment of working memory disorders will become defined, and new strategies to overcome these deficits will be revealed.

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